## DUBUQUE AREA CONGREGATIONS UNITED

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#### WWW.DACUONLINE.ORG



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## DACU 2021 DELEGATE MEETINGS

Wednesday, November 24, 7:00 PM

DACU's 39th Annual

**Interfaith Thanksgiving Service** 

Resurrection Catholic Church 4300 Asbury Road

No December Delegate Meeting

Tuesday, January 25, 6:00 PM

**DACU Annual Meeting & Dinner** 

Westminster Presbyterian Church

#### NOVEMBER 10 & 11

DEMENTIA CAREGIVER WORKSHOP

#### **NOVEMBER 13**

SPIRITUALITY AND JUSTICE SEMINAR

#### **NOVEMBER 18**

GRAND OPENING OF Tree of Life Education Center

#### **NOVEMBER 20**

OPENING DOORS BANQUET

#### **NOVEMBER 21**

CHILDREN OF ABRAHAM

#### **DECEMBER 15**

COMMUNITY BLUE CHRISTMAS SERVICE at St, Lukes UMC 6:30pm

| DACU | <b>Financial</b> | Report |
|------|------------------|--------|
|------|------------------|--------|

|          | October '21 | YTD         | Budget '21  |
|----------|-------------|-------------|-------------|
| Income   | \$ 0.71.    | \$ 4,659.95 | \$ 8,100.00 |
| Expenses | \$ 0.00     | \$ 2,713.90 | \$ 7,550.00 |

Ending Balance as of 10/31/2021: \$5,577.45



Help support DACU projects (pg. 3) by sending contributions to:

"Dubuque Area Congregations United" c/o DACU Treasurer P.O. Box 811 Dubuque IA 52004

#### DACU BOARD UPDATE

The DACU Board met on Wednesday, November 3rd, 2021 via Zoom. The Board welcomed their Loras College student intern as a guest.

- Discussion was held in regards to plans for DACU Delegate meeting topics in 2022. We'd love to hear from you! *Do you have a topic of interest for DACU delegates*? Contact Contact DACU President Dr. Jean Holdener.
- The Board said "adieu" to long-time Secretary, Alan Garfield. *We are looking for a new Secretary.* Are you passionate about community missions? Detail-oriented? *Join us!*
- The Board is looking forward to the DACU Annual Meeting and Dinner in January. Be watching for those details, we hope to see many of you there after a year of absence
- Coordination for upcoming Delegate meetings happened. Watch for interesting learning opportunities such as: Brain Health, Food Insecurity, and Caring for Creation.
- The DACU Board is here to serve our community. Feel free to connect with any of the members listed on the last page of the Newsletter anytime.

## DACU PROJECT UPDATES

PEOPLE IN NEED People in Need (P.I.N) exists to offer limited and emergency assistance to those facing exceptional circumstances through direct

payments to clients' creditors, for rent, utilities, medical and other basic needs. As moratoriums on evictions are lifted and other support systems are relaxed, P.I.N expects requests for assistance to rise, and appreciates any contributions in their effort to care for others. P.I.N. operates through referrals from social service agencies, churches/congregations and DACU organizations. Potential clients cannot call directly.

> Do you know of someone in need? Call the P.I.N. assist number: (563) 581-7995

Please leave a message since this is only a recorded line.

Please send donations to: PIN, Westminster Presbyterian Church, 2155 University Ave., Dubuque, IA 52001The P.I.N. Board of Directors, guided by P.I.N. President Tom Stovall, will be good stewards of all that you share with us!



Here at the Dubuque Food Pantry we are so thankful for our generous community! We love to serve our clients and help them with a smile. there are so many that still need a hand up at this time, especially if they have children.

The Dubuque Food Pantry has made changes to our distribution to make it safer for our clients and staff. We have also been able to distribute thousands of masks and hand sanitizer bottles. We will continue to do this, as the pandemic is not over yet. We look forward to the day that we will be able to let clients come inside the door to shop. Until then, we will serve people at the door. If you know of anyone that is in need of a referral to the Dubuque Food Pantry, please let us know and we will get them in touch with a social agency for a referral.

Come to the Pantry and fill out a simple application any time we are open before Nov. 24 at 5 p.m.

-- Theresa M. Caldwell, Manager



#### **DUBUQUE RESCUE MISSION**

The Dubuque Rescue Mission serves dozens of men every day, giving them a place to stay warm, clean, and fed. We have gotten creative in keeping our clients safe during COVID by both requiring all clients to be vaccinated (assisting them in getting the vaccine if needed) and transforming our 2-person rooms into single rooms. Clients appreciate the relationships they build with our staff. We have seen the struggles with addictions and mental health take a significant rise during the last 18-months. There are men who have significant needs for healing; and we do our best to connect them to the appropriate resources.

Did you know we also have transitional housing? Men who complete programming at the Mission are able to move into their own apartment. They pay rent at a reduced rate while they work and save money. The men who move out into the transitional housing do not end back up at the Mission. Most of time, they go on to provide for themselves and maintain their sobriety.

The DRM could not do what we do without your support. We do not receive any government funding, and rely completely on congregations and organizations in the community to serve our clients. We are always in need of good, lightly used furniture and household items such as laundry detergent, twin bed sheets, bath towels, and washcloths. Your prayers and volunteer support are essential as well.

It's our 11th year of active conversation. Join us in person or watch us on Facebook.



Meet in person or on our Facebook page.

For your and everyone's safety, we encourage getting the vaccine and wearing a mask.



## Children of Abraham

**MISSION STATEMENT**: Dubuque's Children of Abraham creates an atmosphere of civic life that builds inter-religious solidarity, cooperation, and friendship. It does so through regular monthly topical conversations, service, activities, education outreach, and expressions of cross-cultural hospitality in sacred spaces.

### **OCTOBER EVENT**

7:00pm
"Interfaith"
Loras College

#### **Questions?**

Email us!

John

john.eby@loras.edu

Alan

agarfield@dbq.edu

#### **UPCOMING EVENTS**

Jan. 20: Clarke University; Family & Kinship Feb. 17: St. Luke's Methodist Church; Marriage Mar. 17: Tri-State Islamic Center; Money & Interest April 21: Wartburg Seminary; Being Human

http://www.cofabraham.org/

## TIPS FOR AN EARTH-FRIENDLY HOLIDAY SEASON

TIP #1: With the holiday season approaching consider cooking one-pot meals to save time and effort. Just using one pot saves electricity, gas and water and reduces your footprint. It may also give you leftovers for the week! Try hosting a Green Potluck with you family and friends. Challenge them to prepare a one-pot meal with food locally produced.

TIP #2: Consider wrapping all of your gifts this year in reusable gift bags. Avoid traditional wrapping paper which can only be used once, is not recyclable and fills our landfills. Or, consider wrapping gifts in plain brown paper or even newspaper.

TIP #3: Consider giving a reusable water bottle as a gift! You can cut down on plastics by carrying a water bottle. Get a reusable one made of aluminum rather than plastic. No need to buy bottled water so your gift recipients will be able to save money!



## Green Team Tips

## Dubuque Interfaith Green Coalition



#### DID YOU KNOW?

The Dubuque Green Coalition is a part of the Iowa Interfaith Power and Light (IIPL) organization? The mission of IIPL is to inspire and equip people of faith to become leaders in addressing climate change and finding solutions. The organization provides support and training to the development of Green Teams in congregations and the organization of local chapters. If you are interested in forming a Green Team in congregation or organization, check out www.iowaipl.org OR contact Dubuque's local representative, Paul Uzel, atuzeldansen@gmail.com.

December 1- January 9 8:00am - 7:00pm

#### Art Gallery Exhibit: Nativities of the World

This is exhibit will run daily.
This exhibit features handcrafted nativities from countries near and far. The Book and Gift Shop is also open Tuesday through Friday from 11 a.m. to 4 p.m.

December 4 9:00am - 4:00pm

### Grief Retreat: Journey Toward Wholeness

Throughout our life we experience the loss of people, places and things. We will take time to reflect on our losses and to discover how loss can lead to greater wholeness and holiness. Mary Hopkins, OP, a Dominican sister from Sinsinawa, WI, will be our presenter. She is a certified grief specialist and certified in advanced grief counseling skills

\$50 program fee. Register by November 29



December 14

7:00 - 8:15 pm (via Zoom)

## Native American Book Discussion Series: The Night Watchman

Based on the extraordinary life of National Book Award-winning author Louise Erdrich's grandfather who worked as a night watchman and carried the fight against Native dis-possession from rural North Dakota all the way to Washington, D.C., this powerful novel explores themes of love and death with lightness and gravity and unfolds with the elegant prose, sly humor, and depth of feeling of a master craftsman!

\$10/person Register by December 13.. December 21 4:00 pm - 5:30 pm

#### **Natura Divina**

Wild Church: Winter Solstice

Fire and song, ritual and community, prayer and quiet: this ecumenical gathering is centered on honoring the sacred time of Winter Solstice, the shortest day and longest night of the year. Our "Natura Divina-Wild Church" gatherings draw on the liturgical calendar, Celtic spirituality and its calendar, as well as the growing Wild Church and Forest Church movements. Be prepared to spend some time outdoors.

#### **MEETING ALZHEIMER'S:**

## The Art & Science of Creative Dementia Caregiving



PRESENTED BY: Dr. Jade Angelica, M.Div, D.Min

Offered by Healing Moments for Alzheimer's and Sinsinawa Mound Center

November 10-11, 2021 9:30 AM - 3:30 PM Both Days

**FREE** for family and informal caregivers, with thanks to The Bader Foundation **Registration deadline** is Wednesday, November 5, 2021

Caregivers attending this program will engage in an interactive workshop that teaches them how to translate state-of-the-art dementia care theory into practice. By engaging in exercises drawn from creative theatre arts and mindfulness meditation, participants will learn and practice the recommended communication techniques for meeting persons with dementia in their reality.

One goal of the Meeting Alzheimer's workshop is to ease the burdens of caregivers. This innovative, compassionate program teaches the recommended interventions for addressing the challenges and stressors experienced by Alzheimer's caregivers in a format that is enlightening, inspiring and fun!

Another goal of the workshop is to improve quality of life for persons with dementia by educating caregivers in recommended interventions that have been described as holistic treatment. Possible changes for persons with dementia include: improved mood, reduced confusion, increased engagement in activities and socialization – including communication and ambulation, increased duration of participation and competence in Activities of Daily Living, and increased cooperation with caregivers. HOPE TO SEE YOU THERE!

**Organizer:** Janice DeMuth **Phone:** 608-748-4411, ext. 811

Email: jdemuth@sinsinawa.org

**Register online:** https://www.sinsinawa.org/moundcenter/

## SHALOM SPIRITUALITY CENTER

For **questions** regarding programs or registrations, please **contact**: 563.582.3592 **or email**: info@shalomretreats.org

#### **READING THAT MATTERS**

Tuesday, November 9, 6:30 p.m. - 8:00 p.m. "Children of the Land" by Marcelo Hernandez Castillo

Named an NPR Best Book of the Year and written by a prize-winning poet, Castillo's memoir is about the joys and sorrows of an undocumented family torn apart by draconian immigration policies. He recounts his and his family's encounters with a system that treats them as criminals for seeking safe, ordinary lives with beauty, grace, and honesty. Everyone is welcome to join in these discussions of books that can impact how we view the world around us. Books are available for purchase at Riverlights Bookstore and the Shalom gift shop.

\$6 per discussion does not include the book; register by Monday, November 8th.

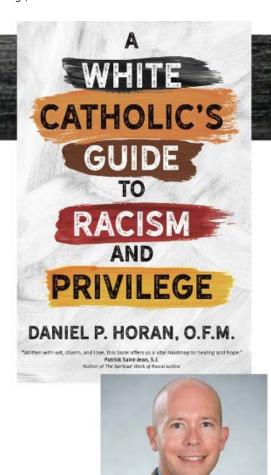
## SPIRITUALITY AND JUSTICE WITH FR. DAN HORAN

presented by the Sisters of St. Francis

SATURDAY, NOVEMBER 13TH 9-11 am, midday break, 1-3 pm (CST)

Fr. Dan will present on the topic of his newly released A White Catholic's Guide to Racism and Privilege. He offers a message of hope and invites participants to educate themselves on and advocate for justice as we work against racism in our culture and the Church.

\$20; register online at <u>shalomretreats.org</u> or call 563.582.3592 to register and prepay by Wednesday, November 10, for the Zoom link.



### SHALOM SPIRITUALITY CENTER {CONT'D}

#### **SHALOM'S ANNUAL ADVENT EVENING FOR WOMEN**

Monday, December 6, 6-9 PM

Presenters: The Music Group of Lydia

Continuing a 20-year Shalom tradition, the wonderful women of Lydia will lead us in a prayerful and inspirational celebration of the season. As always, the chapel program will be preceded by a scrumptious dinner in our dining room. Come for an evening of good food, conversation, friendship and prayer. Invite your friends to join in celebrating the spirit of Advent.

\$35 per person. Register and prepay no later than Wednesday, December 1. To facilitate table assignments, please indicate who will be in your group.

#### CHRISTMAS, SHALOM-STYLE

Monday, December 13, 6-9 PM

Directed by: Carol Hemesath, OSF and Jim Brimeyer

Starring: Our favorite Dubuque area musicians

Enjoy our annual evening of anticipating Christmas with food, music, and prayer. We'll nourish our bodies with a bountiful meal and our spirits with beautiful music and prayer. Join us and this wonderful group of musicians for a joyous evening that will open your heart and mind to the message of Jesus.

\$35 per person. Register & prepay no later than Wednesday, December 8. To facilitate table assignments, please indicate who will be in your group.

#### SHALOM WINTER BREAKFAST: St. Francis of Assisi and the Crèche

Monday, December 21, 7:30-8:30 AM Presenter: Sr. Ginny Heldorfer, OSF

Sister Ginny has always loved the season of Christmas with its decorations, crèche scenes, family and friend gatherings and all the ways households decorate their homes to celebrate the birth of Jesus. She is a former teacher, principal, and pastoral minister. Presently she volunteers for various jobs at the Motherhouse and is an active spiritual companion with adults seeking to deepen their relationship with God. Sister Ginny will focus on St. Francis' contribution to the birth of the crèche. Feel free to bring a figure from your own crèche to focus on during our closing prayer.

\$15 per person. Register & prepay by Thursday, December 16.



# ttitude GRATITUE

#### NOVEMBER 20, 2021

All proceeds support Opening Doors-the nonprofit organization that operates Teresa Shelter, Maria House, and a permanent supportive housing program at Francis Apartments.

#### Grand River Center, Ballroom Doors Open: 4:30 PM

Program/Dinner: 6:30 PM

Tickets: \$75

Sponsored Table of 10: \$800

Sponsorship Levels





KINDLY RESPOND BY NOVEMBER 1, 2021 Electronic Silent Auction: Bid November 1-20 Visit www.openingdoorsdbq.org/AOG

















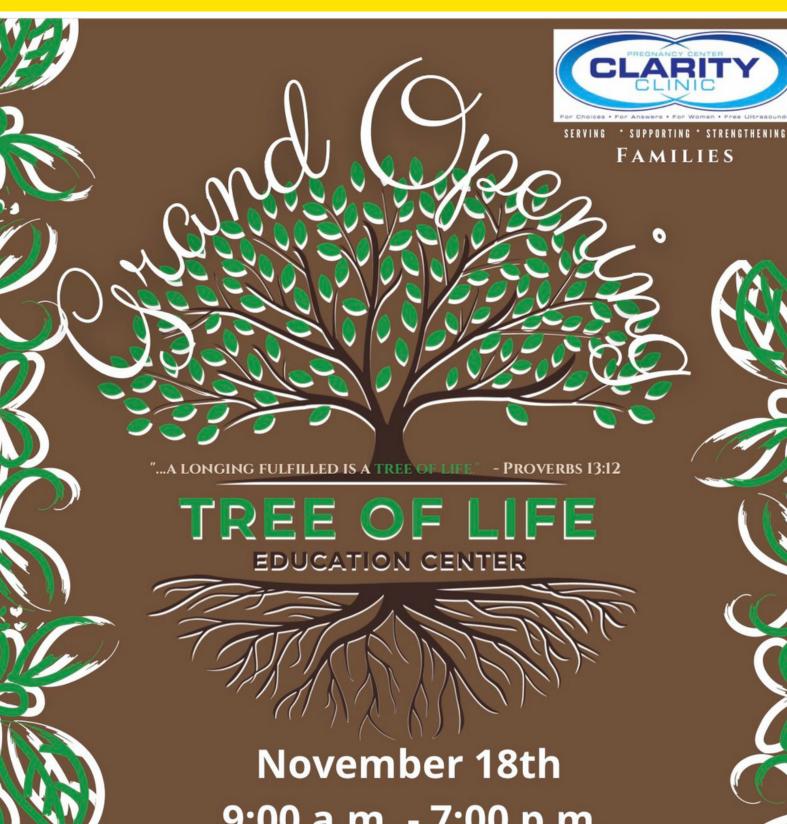












9:00 a.m. - 7:00 p.m. 3365 Hillcrest Rd. Suite A Dubuque, IA 52002

Register at

www.partnersofclarityclinic.com







## LIKE us on FACEBOOK!

tomstov@aol.com

Interested in becoming a DACU Member? Membership in DACU is open to all who share DACU's mission. Contact DACU President Dr. Jean Holdener

| DACU BOARD INFORMATION   |                                 | OTHER CONTACTS                     |                                      |
|--------------------------|---------------------------------|------------------------------------|--------------------------------------|
| President                | Dr. Jean Holdener               | NAACP                              | Rev. Lindsay James                   |
|                          | jholdene@dbq.edu                |                                    | lindsayjames05@gmail.com             |
| President Elect          | Morgan Frazer                   |                                    | Tom LoGuidice                        |
|                          | frazermt@hotmail.com            |                                    | loguidice@fastmail.fm, 608-642-1269  |
| Past President           | Rev. Ken Halstead               | Crop Walk                          | Sara McCaw                           |
|                          | kahalstead@hotmail.com          |                                    | sara.mccaw@gmail.com                 |
| Administrator            | Bob Krayer                      | Church Women                       |                                      |
|                          | bdkrayer@aol.com, 582-5117      | United                             | Sue Hattel                           |
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| Secretary                | Alan Garfield                   | Habitat for                        |                                      |
|                          | agarfield@hotmail.com, 599-5205 | Humanity                           | Elaine Mitchell                      |
| Treasurer                | Barbara Hubeny O.P.             |                                    | diettou@gmail.com                    |
|                          | barbara.hubeny@gmail.com        |                                    | 588-1691                             |
| Worship                  | Rev. Stephanie Ells             | Opening Doors                      | Sr Kay Gaul                          |
|                          | fpcdbq.pastor@gmail.com         |                                    | gaulk@osfdbq.org                     |
| <b>Newsletter Editor</b> | Rev. Stephanie Ells             | Prison Ministrie                   | s Deacon Bill Biver, St. Columbkille |
|                          | fpcdbq.pastor@gmail.com         |                                    | bbiver@aol.com                       |
| People in Need           | Tom Stovall                     | St. Mark Youth                     |                                      |
|                          | tomstov@aol.com, 581-7220       | Enrichment                         | Dawn Cogan                           |
| Dbq. Food Pantry         | Theresa Caldwell                |                                    | dcogan@stmarkyouthenrichment.org     |
|                          | dubuquefoodpantry@yahoo.com     |                                    | 582-6211                             |
| Rescue Mission           |                                 |                                    |                                      |
|                          | mihmr@dbqrescue.org, 583-1394   | Association                        | Parson John Emery                    |
|                          |                                 |                                    | jemery@dbq.edu                       |
|                          |                                 | Dubuque County<br>Emergency Food & |                                      |
|                          |                                 |                                    |                                      |
|                          |                                 | Shelter Board                      | Tom Stovall                          |

## Does your organization or congregation have items you would like to include in the DACU Newsletter?

We are happy to share any information that is in keeping with our DACU mission statement!

Contact Rev. Stephanie Ells

fpcdbq.pastor@gmail.com