



## Dubuque Area Congregations United Monthly Newsletter

Volume 39, No 5

PO Box 811, Dubuque IA 52004-0811

May 2017

We, the members of DACU, people of diverse faiths and beliefs, are united by our belief in God, our concerns for justice and our call to serve others. Through prayerful dependence on God and respectful cooperation with each other, we will make a difference in our world by fostering an awareness and understanding of human need. We will be a supportive presence in this community and beyond through the generous sharing of our time, talents, and resources. Mission Statement adopted 10/22/1996.

[www.DACUonline.org/](http://www.DACUonline.org/)

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DATE	SPONSOR	EVENT
<b>Wow! So many events we couldn't put them all on the front page...look inside to find much more!</b>		
<b>Sundays June- August</b>	Dubuque Arboretum	Music in the Gardens, 6:30 PM, Packard Pavilion, Free and open to all. See website for schedule.
<b>Wednesdays June- August</b>	Sinsinawa Mound Center	Organ Concerts, 7:00 PM, Our Lady of the Rosary Chapel No admission, freewill offering appreciated. See website for schedule.
<b>May 11</b>	Community Foundation	Great Give Day <a href="http://www.greatgiveday.org">www.greatgiveday.org</a>
<b>May 14</b>	Boy Scouts of America	Mother's Day Breakfast 8 AM to 1PM Eagle Point Park
<b>May 23</b>	DACU	DACU Delegates' Meeting, Sinsinawa Mound, 7:00 PM
<b>May 23</b>	Hospice of Dubuque	Tree of Life Memorial Service 7:30 PM Washington Park
<b>May 27</b>	Multicultural Family Ctr	Marshallese Constitution Day, 12 PM Flora Park



### DACU Delegates' Meeting

**Tuesday, May 23**

**Sinsinawa Gathering Place  
585 County Road Z, Sinsinawa  
7:00 PM**

**(At the Rotunda Building; Passenger Drop off  
Area at Entrance Door)**

**Spring Prayer Service : "Understanding Poverty"**

**DACU Projects (Dubuque Food Pantry; Dubuque  
Rescue Mission; People In Need) and CROP  
Hunger Walk**

**Donations accepted: Laundry products and toiletries  
for the Rescue Mission; non-perishable items for the  
Food Pantry; freewill monetary donations for P.I.N.**

**All are welcome!**

### Upcoming DACU Delegates Meetings

***Join Us! Bring A Friend!  
All locations are Accessible***

**June and July: No Delegates' Meetings**

**August 22: Dubuque Arboretum Porch  
3800 Arboretum Drive, 6:00 PM  
Delegate Potluck Picnic & Social  
Program: Understanding Millenials**

**September 26: St. Elias Orthodox Church  
419 N. Grandview 7:00 PM  
Prescription Pain Medications & Opioids  
Epidemic**

**October 24: Immanuel Congregational UCC  
1795 Jackson Street, 7:00 PM  
YOUTH PROJECTS: Dubuque Refugee  
Children, Multicultural Family Center, & Peace  
Builders Institute (Off street parking)**

**November 22 (Wednesday): Resurrection  
Catholic Church 4300 Asbury Road, 7:00 PM  
35<sup>th</sup> Annual Interfaith Community  
Thanksgiving Worship Service**

## DACU Board Report

As of April 30, three congregations have contributed to DACU for the month. Thank you to St. Peter Lutheran, St. John's Lutheran, and St. Joseph the Worker for supporting DACU Projects!

<b>FY 2017 Monthly Balance Sheet Report 4/30/2017</b>			
	<b>April</b>	<b>2017 YEAR TO DATE</b>	<b>BUDGET 2017</b>
Income	\$ 235.10	\$ 10,582.05	\$7500.00
Expenses	\$ 49.00	\$ 6,754.00	\$7500.00
<b>Ending Balance as of 3/31/2017: \$3,828.05</b>			

Please help us to support our DACU projects!  
Checks should be made payable to "Dubuque Area  
Congregations United" and sent to:  
DACU Treasurer,  
P.O. Box 811, Dubuque IA 52004

The DACU Board meets the first Wednesday of each month at 4:30 p.m. at Holy Trinity Lutheran Church. Board meetings are always open to the members of DACU.

## DACU Projects

### **People In Need (P.I.N.).**

Do you know of someone in need?

**Here is the P.I.N. assist number: (563) 581-7995**

Please leave a message since this is only a recorded line. Potential clients should not call; only social service agencies, churches/congregations and DACU organizations should refer potential clients. Application via phone only.

***Currently our main requests are for assistance with heating and rent. We are helping as many as we can. Remember that all of your contributions go directly to assists! Overhead costs are covered through the Board members and DACU.***

**Please send donations to: Tom Stovall, PIN Treasurer,  
3345 Tibey Court, Dubuque, IA 52002-2849**



## Dubuque Rescue Mission

The Mission currently providing 45 beds each night. If you can offer time to answer phones, check men in at night, and listen with compassion, please consider volunteering in the Men's Dormitory. We'll find a time that works with you! The Mission has three independent living homes on Elm Street, each can house four men as they transition to full time employment. The Gardens have been planted and are thriving! The new garden managers Ashley Noonan and Assistant Carolyn Scherf are working with the kitchen staff to see that all volunteers who provide food are following the guidelines of the Balanced Tray initiative. We are however always grateful for any and all food donations. Some strong sponsors in the A.A. community have stepped forward to take men to meetings and work with them. Morning prayer continues to be offered at 10 am Tuesday, Wednesday and Thursday when our great director, Riv. Rick Mihm is present to preside. Worship is also offered at 7 pm on Sunday evening.

DACU Rescue Mission Representative  
Maryann Caudill LoGuidice  
608.642.1270

<https://www.facebook.com/DBQRescue/>



## Dubuque Food Pantry

Greetings! What a wonderfully supportive community we live in! We were able to replace another old, no longer energy efficient small freezer. Many thanks to Hirschbach Trucking Company and their fund raising efforts for this much needed item. Starting Friday, June 2 through Friday, August 18 the Food Pantry will be supplying "Lunches to Go" for children ages Newborn to 18 years old. Monday, Tuesday, Wednesday, and Friday of each week from 10:30 a.m. to Noon, children can come to the Pantry and pick out their lunch to take with them. This is open to all children in the Dubuque area. No lunches will be served on Tuesday, July 2.

Blessings,

**Theresa Caldwell, Manager  
583-4440**

P.S. Like us on Facebook! ("Dubuque Food Pantry")  
Drop off hours are: Mon., Wed., Fri. from 8:00 am to  
4:00 pm. and Tues. 8:00 am to Noon

## **DACU Community**



**Thanks Laura!**

Sincere thanks to DACU's first student intern, **Laura BohorquezDunque** for her many gifts to us this spring. Laura set up DACU's Facebook page (be sure to "like" us!) and has been trying valiantly to get us all into the social media world. She has made several excellent suggestions as we move forward. Laura graduates from Loras College this month and will be attending graduate school at the University of Chicago in International Relations. Laura, your passionate spirit and your kind heart are a gift to everyone. Blessings as you continue your journey!

### **Sinsinawa Mound Center**

**Sinsinawa Bakery at the Farmer's Market begins on May 6, every Saturday through the summer! See you there!**

Sarah Barnes will offer **Canvas Painting Classes** July 13, and Sept 7, 2017 from 1 – 4 p.m. The registration deadline is one week prior to the class. The Program offering is \$35 and everything is provided for you.

**Icon Retreat directed by Drazen Dupor** will include Icon painting. July 16-21, 2017. The suggested offering is: \$460 for Private Room; \$265 for Commuter: Registration deadline is July 10th with a non-refundable deposit of \$25 to accompany registration. Scholarships are available. For more information call 608-748-4411, ext. 811 or email directly to: [jdemuth@sinsinawa.org](mailto:jdemuth@sinsinawa.org)

**A Grief Retreat:** Journey Toward Wholeness will be directed by Mary Hopkins, OP. July 22. The program offering is \$50 single or family includes noon meal for one (1) person. For additional meals, add \$8 per person. Registration deadline is July 14, 2017.

**Retreat: The Work That Reconnects: Recovering the Story of Interbeing** - August 19--20

Based on the wisdom of deep ecologist Joanna Macy, this engaging retreat transports us from the cultural story

of separation and into the felt experience of interbeing. We will follow a 4-step process of: Gratitude, Sharing our Plan, Seeing with New Eyes, and Going Forth. We will connect with the cry of the Earth from within our own hearts, release discouragement, and find sustenance to go forth as interconnected and well-sourced agents of change. Facilitator: Carolyn Griffith

For more information on events at Sinsinawa, call or visit the Mound: 585 County Road Z, Sinsinawa, WI 53824, (608) 748-4411. OR visit their website: [https://www.sinsinawa.org/moundcenter/events\\_retreats.cfm](https://www.sinsinawa.org/moundcenter/events_retreats.cfm)



## 2017 SUMMER ORGAN CONCERT SERIES

The 26<sup>th</sup> annual series features organists from Wisconsin, Illinois, Iowa, Louisiana, Missouri, and Texas.

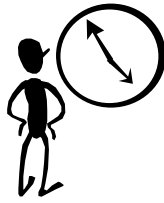
June 7	Naomi Rowley, IL
June 14	Isabelle Demers, TX
June 21	Bruce Bengtson, WI
June 28	Ann Marie Riglar, MO
July 5	Charles Barland, IA
July 12	Jay Peterson, IL
July 19	Robert Zanca, LA
July 26	No concert
August 2	David Jonies, IL
August 9	Scott Montgomery, IL
August 16	Karen Black, IA
August 23	Stephen Steely, IL
August 30	Peter Szeibel, IA

Concerts begin at 7 p.m.  
Freewill offering accepted.



585 County Road Z ~ Sinsinawa, WI  
[www.sinsinawa.org](http://www.sinsinawa.org) ~ (608) 748-4411





It is time for our annual update of the **DACU Worship Brochure** which we distribute to local hotels and hospitals. We want to list your congregation, its address, phone contact, email or website, and worship and religious school schedule.

Please send updates to the DACU Worship Committee, attention Phyllis Garfield, [phyllisgarfield@hotmail.com](mailto:phyllisgarfield@hotmail.com). To check how your congregation is currently listed, go to [www.DACUonline.org](http://www.DACUonline.org) and click on "Worship Brochure".

(Remember! Even if your congregation is not a member of DACU, we are still happy to list your services in our brochure. Just let us know!)

## Multicultural Family Center



## BOOK PREVIEW

**TUESDAY,  
MAY 23**

**6:30 - 7:30 P.M.**

**MULTICULTURAL FAMILY CENTER**

*Facing Diversity: Marshallese Stories* is a book highlighting stories of Marshallese residents right here in Dubuque. Join us to learn more about their culture and history, and hear first-hand stories from our very own community members. This book is part of the national story-telling initiative, The Facing Project. Brought in partnership with the Inclusive Dubuque Network and the Clarke University Social Work student Suzie Stroud, the book provides an avenue for local residents to learn about the growing Marshallese Community in Dubuque.

**MAY  
27**

Free copies of *Facing Diversity: Marshallese Stories* will also be available at the **Marshallese Constitution Day Celebration on May 27 at 12 p.m. at Flora Park**, hosted by the Multicultural Family Center. Be sure to stop by at this free, family-friendly cultural event featuring performances, food and more!

**TELEGRAPH  
HERALD**

**INCLUSIVE dubuque**  
Connecting People • Strengthening Community

**The Facing Project**

**Multicultural  
FAMILY CENTER**  
The Risky Action Building | Dubuque

For more information contact Inclusive Dubuque at 563.588.2700

## Dubuque Ministerium

The Dubuque Ministerium is open to all religious leaders in Dubuque and the surrounding area. The Ministerium meets the second Tuesday of each month (not summer months) at 12:00 Noon. Lunches are provided with a requested donation of \$5. We are planning the 2017-2018 season now!

For more information contact Fr. Dustin Lyon, Ministerium President, at 563-583-5902 or [dustin.lyon@gmail.com](mailto:dustin.lyon@gmail.com)

## Operation New View & Inclusive Dubuque



It is difficult for some of us to truly understand the situations that families living in poverty experience every day – the decisions they have to make, and the fears and frustrations they feel. That is why we are inviting you to walk a mile in the shoes of those facing poverty by participating in the Community Action Poverty Simulation.

**friday JULY 28 from 1-5 pm**  
**LORAS COLLEGE | BALLROOM C**

REGISTER TODAY AT:

[WWW.INCLUSIVEDBQ.ORG/POVERTY\\_SIMULATIONS](http://WWW.INCLUSIVEDBQ.ORG/POVERTY_SIMULATIONS)



**INCLUSIVE dubuque**  
Connecting People • Strengthening Community



**Great Give Day  
Thursday May 11**  
[www.greatgiveday.org](http://www.greatgiveday.org)



## Shalom Spirituality Center

### Shalom's Annual Celebration Of German Food & Music.

Musicians: Dave Overby & The Americana Band  
**Tuesday, May 2, 6:30-8:00 PM.** The very delicious German food will be abundant and the music will make you want to dance! Join us for this annual celebration of German heritage! Register early for this feast of German food and music! Our dietary department will be busy making the foods loved by those of German descent (and others as well). And, of course, the music will be lively as always!

The Americana Band is famous for its German music. The brass ensemble plays traditional music including Polkas, Waltzes, and Schottisches. The Americana Band headlines various Dubuque area Oktoberfest events.

**Offering: \$24. Must Register & Prepay By Friday, April 28.** Note: If You Are A Member Of A Group Who Wishes To Be Seated Together, Please Inform Us When Registering.

**Placing Our Mind In Our Heart: An Introductory Wisdom School (Part A)** Facilitator: Beth O'Brien  
**Wednesday, May 3, 7:00 PM - Saturday, May 6, 1:00 PM.** Returning to the wellsprings of our tradition, the mystical and unitive Wisdom found at the heart of Christianity offers a gateway into not knowing more, but knowing from a deeper place, with more of us. This four-day retreat is an introductory immersion into Wisdom Work. Teachings, silence, meditation, sacred chanting, and conscious work will introduce participants to the Christian contemplative tradition. For more information on Context of Wisdom Work and frequently asked questions about the Wisdom School, go to: [ContemplativePresence.org](http://ContemplativePresence.org)

**Offering: Overnight: \$390. Includes 3 breakfasts, 3 lunches, 2 dinners. Commuter: \$260. Includes 3 breakfasts, 3 lunches, 2 dinners. \$50 Nonrefundable deposit due at time of registration.**  
**Registration Deadline: Friday, April 28.**  
(Suggested Pre-Requisite: An Established Meditation Practice.)

**The Spirituality Of Spirals.** Presenter: Neal Patten, Shalom Director Of Marketing Thursday, **May 11, 6:30-8:30 PM.** From the microscopic helix of your DNA to the vast arms of the Milky Way, the shape of the spiral has been observed over and over in the natural world. The rotating body of a hurricane, the cross-section of a head of cabbage, the cardiac muscle fibers of our heart, the florets of a sunflower's head — all flow in a spiral pattern. The spiral is one of the oldest and most extensively encoded shapes throughout the natural world and the universe. The evening will include a

presentation about the history of spirals and their recurrence throughout science, mathematics, art, mythology, religion, and culture. Following the presentation, there will be time to discuss the significance and meaning of spirals in our own lives. After discussion, we will explore our own spiral creativity through art & music. Join us to explore the sacred meaning of this ancient symbol.

**Offering: \$10. Register & Prepay By Wed, May 10.**

**Shalom's Annual Picnic On The Hill.** Thursday, **May 25, Serving From 11:30 AM To 12:30 PM.** Enjoy one of your first picnic lunches of the season in our dining room or outside on our beautiful deck. The "very summery" menu includes hamburgers, brats, potato salad, baked beans, cookies & ice cream, lemonade, and coffee.

**Offering: \$10 for adults. / \$5 for kids (ages 10 and under). Register & Prepay By Tuesday, May 23.**

**Walking The Path Of Beauty: Following Jesus In The Franciscan Spirit.** Facilitator: Sr. Mary Beth Ingham, CSJ. Thursday, **June 1, 5:30 PM — Tuesday, June 6, 9:00 AM.** This preached retreat explores the unique Franciscan path of beauty as a way to follow Jesus in our world today. Morning and afternoon conferences unpack the key insights found in the beauty of Franciscan John Duns Scotus' writings. Includes daily Eucharist.

**Offering: Overnight: \$455. Includes 5 breakfasts, 4 lunches, & 5 dinners. Commuter: \$400. Includes 4 lunches & 5 dinners. \$25 early bird discount if registered by May 1. \$75 Nonrefundable deposit due at time of registration.**

**Registration Deadline: Thursday, May 25.**

**Shalom's Summer Breakfast: Spiritual Sustainability**  
Presenter: Neal Patten, Shalom Staff Member

**Wednesday, June 7, 7:30-8:30 AM.** Sustain yourself with a nourishing, delicious breakfast while socializing with friends old and new. Following breakfast, reflect upon the spiritual call to sustainable living. In the height of summer, we revel in the beauty of God's creation — from the abundance of wildflowers, and the towering majesty of trees, to the brightness of sunlight by day, and the chorus of insects at night, but it's time to re-evaluate our relationship as humans with all living beings and to begin caring even more deeply for our common home.

**Offering: \$10. Register & Prepay By Monday, June 5.**

Read about upcoming events in Shalom's own information-filled online newsletter!  
<http://www.shalomretreats.org/programs.html>

For registration: phone 563-582-3592, e-mail [info@shalomretreats.org](mailto:info@shalomretreats.org), or visit [www.shalomretreats.org](http://www.shalomretreats.org)  
Franciscan Center for Hospitality, Prayer, & Spirituality  
1001 Davis Dubuque, IA 52001

## Resurrection Catholic Church

### Care for the Caregiver Support Group

Every Monday from 2-3pm in the Upper Room at the Church of the Resurrection. Non-denominational caregivers and loved ones welcome. To provide support and kinship for caregivers living with the responsibilities of caring for a loved one with Alzheimer's disease or any form of dementia. For additional information contact the parish office at 556-7511.

**Mary Schmidt, Parish Nurse**



## Hospice of Dubuque

On Tuesday, May 23, Hospice of Dubuque will host the Annual Tree of Life Memorial Service and Lighting Ceremony. The service will be held in Washington Park at 7:30 pm to honor and remember loved ones—both living and deceased. If you would like to remember someone with a light on the Tree of Life, please send a donation of any amount, along with the name of your loved one. All memorials, not only those served by Hospice of Dubuque, are welcome.

Please mail your tax-deductible gift to Hospice of Dubuque, 1670 JFK Road, Dubuque, IA 52002. Donations received by Friday, May 19, will appear in the printed program. Each light symbolizes a donation made in the name of a loved one. Lights will remain lit through the Memorial Day holiday.

Linda Wolf, [wolfi@hospiceofdubuque.org](mailto:wolfi@hospiceofdubuque.org)



## Unitarian Universalist Fellowship

UUFD's Historic District Coffee House last event this spring: **May 20, 7pm.** Open mike events to support local talent. Free with donations (non-perishables or cash) going to the Food Pantry.

For further information contact:

[bruceschmidt@centurytel.net](mailto:bruceschmidt@centurytel.net) or  
[rocheart3@msn.com](mailto:rocheart3@msn.com)

## Habitat for Humanity

Habitat for Humanity is promoting its **Brush With Kindness Program**. A Brush With Kindness helps low income homeowners who struggle to maintain the exterior of their homes to reclaim their homes with pride and dignity. Types of external projects we are looking for but not limited to: Painting, patching, landscaping, yard clean-up, minor repairs, weatherization, building decks and ramps. If you have projects for Habitat contact our office at Dubuque/Jackson Counties Habitat for Humanity, 900 Jackson St., Suite LL5-2E, Dubuque, IA 52001. Phone 563.556.2195.

[Director@habitatdubuque.org](mailto:Director@habitatdubuque.org).

## Holy Trinity Lutheran Church

### *A Place for Friendship:*

### Dubuque's Memory Café

*for people with dementia and their caregivers*



Discover a safe, supportive, and engaging environment designed specifically for individuals with memory loss from Alzheimer's or other forms of dementia and their caregivers. Join us in a friendly place where people can interact, enjoy social time, find support, share and celebrate without feeling misunderstood. A Place for Friendship: Dubuque's Memory Café is that place.

March 9

April 13

May 11

June 8<sup>th</sup>

July 13<sup>th</sup>

August 10<sup>th</sup>

September 14<sup>th</sup>

Join us from

10 am to Noon

Holy Trinity Lutheran Church

1755 Delhi Street

Dubuque

People of all denominations are welcomed.

There is no fee to attend and pre-registration is not required. For more information or with questions about the program, contact Rev. Dr. Jade Angelica at [jadeangelica@gmail.com](mailto:jadeangelica@gmail.com) or 563.582.4724. Refreshments will be served.

A Place For Friendship: Dubuque's Memory Café will meet every second Thursday of each month. Dubuque's Memory Café project is the collaborative result of multiple community sponsors, including:



## Children of Abraham

**We are currently planning next year's schedule. See you in September!** [www.cofabraham.org](http://www.cofabraham.org)

Questions, just email Alan Garfield at [agarfield@hotmail.com](mailto:agarfield@hotmail.com)



## **Loras College**

### **THE LORAS COLLEGE PEACE INSTITUTE**

**August 4, 5 & 6**

We are in a unique stage in history where globalization is increasingly complex. Our neighbors are no longer simply people who live next door, but reach across the globe and whose lives and faith traditions often differ dramatically from our own. Differences have the capacity to divide, but they don't have to. Our global realities paired with the divisions in our own country demand a new approach to forming future leaders. The Loras College Peace Institute is a three-day camp experience focused on teaching leadership and peace building skills to our youth.

This three-day camp experience led by Loras students, faculty, & staff, will enable students entering grades 10-12 to engage with peers from various religious, ethnic, racial and socioeconomic backgrounds. Through the use of innovative teaching methods, students will develop skills such as leadership agility in a changing society, inter-religious literacy, and the art of relationship building and repairing, as they work through concepts such as peace with self, peace with others, and peace with the world.

#### **APPLY NOW for the 2017 Loras College Peace Institute!**

Join the inaugural class of peace leaders! We are accepting applications now through May 15th 2017.

[www.loras.edu/spiritual-life/peace-and-justice/peaceinstitute/](http://www.loras.edu/spiritual-life/peace-and-justice/peaceinstitute/)

Lindsey James, [Lindsay.James@loras.edu](mailto:Lindsay.James@loras.edu)

## **Iowa Interfaith Power & Light**



Dubuque Chapter IIPL (Dubuque Chapter Iowa Interfaith Power & Light): All interested faith community "green teams" and interested individuals are invited to the monthly meetings held at 3:00 - 4:30 pm. Upcoming meetings will be hosted at the following locations:

**May 21:** Westminster Presbyterian Church - Convener Tom Stovall

**June 11:** Resurrection Catholic - Conveners Mary McDermott & Kim Glase

**July 9:** First Congregational UCC - Convener Jane Worm

Visit our website [www.iowaIPL.org](http://www.iowaIPL.org)

<https://www.facebook.com/iowaip1>

Download our covenant congregations form here:

<http://iowaip1.org/donate/covenantcongregations>

Please contact Sarah Paulos at [programs@iowaip1.org](mailto:programs@iowaip1.org) for more information.

## **Dubuque Community**

### **BOY SCOUTS OF AMERICA Northeast Iowa Council**

#### **Mother's Day Pancake Breakfast**

Give your mom a treat on Mother's Day by taking her to an all you can eat breakfast with one of the best views in town! Join us for the Order of the Arrow's Annual Mother's Day Pancake Breakfast. Proceeds from the breakfast help support the service projects and activities for the local Arrowmen of the Timmeu Lodge 74.

Please show your support.

**Date:** Sunday, May 14<sup>th</sup>, 2017

**Time:** 8:00 a.m. – 1:00 p.m.

**Location:** Eagle Point Park  
(gate admission is waived for this event)

**Cost:** Adults - \$8.00

Youth (ages 5-12) - \$5.00

Seniors (ages 63+) - \$5.00

Under 4 – FREE



## **Faces & Voices Reading Challenge**

### **2017 Black History and Black Author Reading List:**

Discussion groups will meet on the last Sunday of the month at River Lights Book Store at 3:30 p.m. Meetings are in February, April, June, September, October, and November. Everyone is welcome!

**May-June:** Taylor Branch, "At Canaan's Edge: America in the King Years 1965-68" **National Book Award** finalist

**September:** Claudia Rankine, "Citizen: An American Lyric" Finalist for the National Book Award in Poetry, Finalist for the National Book Critics Circle Award in Criticism, Winner of the NAACP Image Award

**October:** Ibram X. Kendi, "Stamped for the Beginning: The Definitive History of Racist Ideas in America" National Book Award winner.

**November:** Keeanga-Yamahatta Taylor, "From #BlackLivesMatter to Black Liberation" Dr. Cornel West – "This brilliant book is the best analysis we have of the #BlackLivesMatter moment of the long struggle for freedom in America. Keeanga-Yamahatta Taylor has emerged as the most sophisticated and courageous radical intellectual of her generation."

**For more information contact Rev. Tim Bees at [revbees@yahoo.com](mailto:revbees@yahoo.com)**

## Alzheimer's Association

The Alzheimer's Association offers Caregiver Support Groups here in Dubuque!

Location: Dubuque County Library Asbury Branch  
5290 Grand Meadow Dr. (Asbury).

Date/Time: Last Wednesday of each month, 3 PM

Facilitator: Laura Nisson (563.581.1291)

More info: 563.589.0030 or 1.800.272.3900

[www.alz.org](http://www.alz.org)

## Dubuque Museum of Art



dbqart.com

### In the Mind's eye

Museum based experiences for  
early and mid-stage people with dementia and their caregivers

Art has the power to inspire and transform lives. With that in mind, this program will bring adults with memory disorders and their caregivers together for shared experiences and conversation around art. Through informal gallery discussions and hands-on art activities, this program will open a window to creativity and well-being. Join us for some or all of our program. All programs are free, but reservations are required. Refreshments will be served.

**When:** Fourth Friday of each month starting on March 24<sup>th</sup>, 2017  
April 28<sup>th</sup>, May 26<sup>th</sup>, June 23<sup>rd</sup>, July 28<sup>th</sup>, August 25<sup>th</sup>, September 22<sup>nd</sup>,  
October 27<sup>th</sup>, November 24<sup>th</sup>, December 22<sup>nd</sup>.

**Time:** 10:00 – 10:20 am Gallery Art Tour  
10:20 – 10:50 am Refreshments/Fellowship  
10:50 – 11:30 am Hands on art activity

Join us for any of the above or all!

**Where:** Dubuque Museum of Art  
701 Locust Street  
Dubuque, Iowa 52001

Caregivers must be present for the duration of each session. The galleries are available by elevator. Wheelchairs are available. Accessible and convenient parking is adjacent to the museum.

To sign up or for more information please contact:

Margi Buhr at [MBuhr@dbqart.com](mailto:MBuhr@dbqart.com) or 563-557-1851.

or

Laura Nissen at [laura.nissen@luthermanor.com](mailto:laura.nissen@luthermanor.com) or 563-581-1291.



**Would you like your event, volunteer opportunity, or organization publicized in the DACU Newsletter?**

Just email the editor at [phyllisgarfield@hotmail.com](mailto:phyllisgarfield@hotmail.com)

We'll do our best to include anything in harmony with DACU's mission.

Deadline: First Saturday of the month.

**BE SURE TO INCLUDE:**

Name of Event, Location, Date, Sponsor, and contact information. Events with incomplete information can't be included.

## Dubuque Y



eliminating racism  
empowering women  
ywca

## CHANGE LIVES FOREVER

**REACH & RISE®  
GROUP MENTORING  
DUBUQUE COMMUNITY YMCA/YWCA**

### WHY SHOULD I BE A GROUP MENTOR?

- Help increase youth's sense of belonging
- Normalize youth's developmental milestones and experiences
- Have a DIRECT impact on your local community
- Make a DIFFERENCE in the lives of others

### DOES IT REALLY WORK?

- Youth are FIVE times more likely to graduate if they have meaningful relationships with adults
- Kids who have mentors are nearly 50% less likely to use drugs
- Youth with mentors demonstrate improved self-esteem, decision making skills, and relationships

### REQUIREMENTS

- Desire to work with youth ages 8-15 years in a group setting
- 21+ years old
- Weekly Check-Ins with Program Director
- Willingness to collaborate with Co-Mentor to facilitate group

### COMMITMENT

- 31 Mentor training (15+ hours)
- Summer Group (2 hours a week for 8 weeks)
- Fall and Spring Groups (2 hours a week for 16 weeks)

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## Dubuque Arboretum



<http://dubuquearboretum.net/special-events/music-in-the-gardens/>



**Don't Forget to "FIND" us on Facebook!!**

<https://www.facebook.com/DubuqueAreaCongregationsUnited/>





DACU  
PO Box 811  
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Remember...you can view all DACU Newsletters on our Website at [www.DACUonline.org](http://www.DACUonline.org)

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