

Dubuque Area Congregations United Monthly Newsletter

Volume 39, No 3

PO Box 811, Dubuque IA 52004-0811

March 2017

We, the members of DACU, people of diverse faiths and beliefs, are united by our belief in God, our concerns for justice and our call to serve others. Through prayerful dependence on God and respectful cooperation with each other, we will make a difference in our world by fostering an awareness and understanding of human need. We will be a supportive presence in this community and beyond through the generous sharing of our time, talents, and resources. Mission Statement adopted 10/22/1996.

www.DACUonline.org/

DATE SPONSOR		EVENT		
Wow! So mai	ny events we couldn't put them	all on the front pagelook inside to find much more!		
March 7	University of Dubuque Dr. Charles Barland Organ Recital, Sinsinawa Mound, 7:00 PM			
March 12 Iowa Interfaith Power &		Monthly Meeting, hosted at Unitarian Universalist Church, 1699 Iowa		
	Light, Dubuque Chapter	St., 3-4:30 PM. All Welcome! (Monthy meetings, rotating locations)		
March 18	Presentation Sisters	Bake Sale & Raffle, 9am-3pm 2360 Carter Road (Relay for Life)		
March 18	Unitarian Universalist	Coffee House, 7 PM, 1699 Iowa St.		
March 23	Children of Abraham	Hadley Auditorium, Univ of Dubuque 7:00 PM "Impact of Interfaith"		
March 25	Boy Scouts of NE Iowa	Scouting for Food: Leave a bag outside your door by 9 AM!		
March 28	DACU	DACU Delegates Meeting, 7:00 PM, Dubuque Food Pantry		
April 1	Multicultural Family Ctr	TASTE OF THE WORLD 11:30 – 2pm Five Flags		
May 5	Church Women United	May Friendship Day Continental Brunch ,Program & Service		
		Shalom Spirituality Center 1001 Davis Street		



DACU Delegates' Meeting

Tuesday, March 28

Dubuque Food Pantry 1598 Jackson Street (Accessible) 7:00 PM

(Note Location Change!!)

(Tours of the recently refurbished Dubuque Food Pantry from 6:30 to 7:00 PM)

Program: United Way of the Dubuque Area TriStates: Assisting in Our Community

You are also encouraged to bring non-perishable food and paper goods for the Dubuque Food Pantry.

All are welcome!

Upcoming DACU Delegates Meetings

Join Us! Bring A Friend!
All locations are Accessible

April 25: Hillcrest Hadley Chapel 2005 Hillcrest Road, 7:00 PM

Program: Foster Care and Foster Care Review

May 23: Sinsinawa Gathering Place 585 County Road Z, Sinsinawa, 7:00 PM (At the Rotunday Building; Passenger Drop off Area at Entrance Door) Spring Prayer Service: Understanding Poverty Dubuque Food Pantry; Dubuque Rescue Mission; People in Need (P.I.N.); CROP Hunger Walk

June and July: No Delegates' Meetings

August 22: Dubuque Arboretum Porch 3800 Arboretum Drive, 6:00 PM Delegate Potluck Picnic & Social Program: Understanding Millenials

DACU Board Report

As of February 28, one Associate member and two congregations have contributed to DACU for the month. Thank you to First Congregational UCC, First Presbyterian, and Church Women United for supporting DACU Projects!

FY 2017 Monthly Balance Sheet Report 2/28/2017								
	February		2017 YEAR TO DATE		BUDGET 2017			
Income	\$	565.00	\$	9723.20	\$7500.00			
Expenses	\$	123.12	\$	6,578.79	\$7500.00			
F. J D. J								

Ending Balance as of 2/28/2017: \$3,144.41

Please help us to support our DACU projects!
Checks should be made payable to "Dubuque Area Congregations United" and sent to:

DACU Treasurer,
P.O. Box 811, Dubuque IA 52004

The DACU Board meets the first Wednesday of each month at 4:30 p.m. at Holy Trinity Lutheran Church. Board meetings are always open to the members of DACU.

DACU Projects

People In Need (P.I.N.).

Do you know of someone in need? Here is the P.I.N. assist number: (563) 581-7995

Please leave a message since this is only a recorded line.

Potential clients should not call; only social service agencies, churches/congregations and DACU organizations should refer potential clients. Application via phone only.

Currently our main requests are for assistance with heating and rent. We are helping as many as we can. Remember that all of your contributions go directly to assists! Overhead costs are covered through the Board members and DACU.

Please send donations to: Tom Stovall, PIN Treasurer, 3345 Tibey Court, Dubuque, IA 52002-2849



Dubuque Pescue Mission

Visit our Website to learn the latest Mission News! http://dbgrescue.org

> DACU Rescue Mission Representative Maryann Caudill LoGuidice 608.642.1270 https://www.facebook.com/DBQRescue/



Dubuque Food Pantry

Greetings!

We are so grateful for our congregations here in the Dubuque area!

The new tile floor has been installed in our work area here at the Pantry. Also, our most used freezer was replaced due to its inefficiency.

We are excited to host the upcoming Tuesday, March 28 DACU delegates meeting at the Dubuque Food Pantry. Come and see our improvements for yourself. Have a wonderful start to the Spring!

Theresa Caldwell, Manager 583-4440

P.S. Like us on Facebook! ("Dubuque Food Pantry") Drop off hours are: Mon., Wed., Fri. from 8:00 am to 4:00 pm. and Tues. 8:00 am to Noon

DACU Community

Important Follow-Up Information from February 28 DACU Delegates Meeting on Human Trafficking

Last week, February 28, 2017, at the DACU meeting some participants wanted to know from where to receive a DVD of AnyKidAnyWhere. This is your information. This is who and where you need to send your request for a copy of the DVD, AnyKidAnyWhere. It would be great to offer a donation of \$10.00 toward their work.

Cathy O'Keeffee, Director of Braking Traffik Family Resources 2800 Eastern Iowa Davenport, Iowa 52803

Ph: 563-468-2381 Fax: 563-322-6104 Cell: 309-912-1966 www.famres.org

Another question surfaced about what to do if someone involved in Human Trafficking came to your door?

- 1. Call Jonathan Chambers Cedar Valley Friends of the Family Cedar Rapids, IA. 319-560-5007.
- 2. Call Carrie Melton The Riverview Center Dubuque, IA. 563-557-0310.
- 3. Call Karolina Kiskyte Cedar Valley Friends of the Family Dubuque, IA 563-258-2220
- 4. Call the National Hotline Number: 1-888-3737-888. The local Dispatch Number for Dubuque, IA is 589-4415. It is important to call the National Hotline so that those involved can be recognized when crossing state lines, like in Iowa, Illinois and Wisconsin.
 - DO NOT get directly involved. (You may be followed home ...)
 - Give only the Facts (Location, Date, Time).
 Describe the person(s) involved: age, dress, skin color...
 - Share the conversation or exactly what you observed.

If you have other questions please feel free to call or to ask for a presentation on Human Trafficking.

Sincerely,

Sister Patricia Conlan, RSM, D.Min.
The Tri-State Coalition Against Human Trafficking (Iowa,
Wisconsin, Illinois)
563-845-1412
mpconlan50@mchsi.com

For a presentation contact Lisa Schmidt at schmidtl@osfdbq.org

THe Tri-State Coalition Against Human Trafficking

Catholic Charities/Dubuque Archdiocese



Sisters of the Presentation



(Fund Raiser for Dubuque RELAY FOR LIFE to fight Cancer)

SATURDAY, March 18 9:00 am - 3:00 pm

Presentation Sisters' Relay Team 2360 Carter Road Dubuque, Iowa

Resurrection Catholic Church



TIME TO REV UP: RESOLVE AGAIN: NO PLASTIC BAGS!

For the past 6 years, the Res Green Team has suggested that parishioners "give up" single use plastic bags, along with embracing prayer, almsgiving and fasting. In Dubuque, this issue has recently been re-introduced for city council consideration, and is being reviewed in the lowa legislature. While awaiting further state and city discussions, Res parishioners might wonder: "What's the fuss about those bags?"

- A continual litter problem, it takes 15 to 1000 years for plastic bags to break down in landfills
- One million seabirds and marine mammals die each year by ingesting plastic bag pieces

Concerned that you'll forget to BYOB (Bring Your Own Bags into stores?)

- Tie a green ribbon on your keychain as a reminder
- Have a point person (kids are great at this) to remind you to tote in your totes
- Store your cloth bags in your back seat, not your trunk.

 They are easier to notice for BYOB
- In store, you suddenly realize that you left your tote in car, go back to retrieve! Green Teamers suggest that it takes two return trips to your car to retrieve your bag. After that, the habit is with you forever:-) Good green luck!

St. Luke's United Methodist

Fabulous Fridays Music Series 2017

Fabulous Fridays return to St. Luke's United Methodist Church! This popular series began in 1992 with musicians from St. Luke's and grew to include locally and nationally recognized artists. More than 75 artists have performed for these informal downtown concerts during the series' history. St. Luke's UMC is located at the corner of 12th and Main. Performances begin at 12:05 PM, lasting 30 minutes. Many in the audience bring their lunch and enjoy time together after the concert in the church Fellowship Hall, where coffee and desserts are available. The concert, coffee and desserts are free, but baskets are available for contributions. Street parking is available. Accessible entry in the alley.

March 10: Hempstead High School Penn Ave. Singers

March 17: Dr. Luke Tyler, Piano;

Laura Southworth soprano

March 24: Senior High School Jazz Combo

March 31: Loras College Choir

April 7: Upper Main Street Jazz Band

For more information contact Ann Duchow at alduchow@aol.com

Summit UCC

Evening Lenten DVD Study

"The Easter Experience: What if what happened then changes everything now?"
Wednesdays at 6:30 p.m. – 7:45 p.m.
Summit Congregational UCC 2885 JF Kennedy Rd.

Each session will involve Gathering Music & Prayer, a DVD Clip, Time for Discussion, Reflection, Prayer & Post Gathering Reflection for the week ahead.

March 8th – My Life Has a Purpose
March 15th – My Life Can Change
March 22nd – My Pain Is Understood
March 29th – My Life Has a Plan
April 5th – I Have the Promise of Eternal Life
April 12th – My Hope Is Secure

No Registration required but all are encouraged to bring a notebook for note taking, journaling, and putting materials in for Post Gathering Reflection for the week ahead. For more information contact Rev. Karen Candee, summitucc@msn.com



Sinsinawa Mound Center

Sarah Barnes will offer Canvas Painting Classes beginning Jan. 28, April 18, July 13, and Sept 7, 2017 from 1 – 4 p.m. The registration deadline is one week prior to the class. The Program offering is \$35 and everything is provided for you.

"A Look Back at Our Future" February 3-March 30, Sinsinawa Gallery. The exhibit of international photography of Linda Panetta, photojournalist and human rights activist, focuses on women and children and their strength and survival in times of war and violence. For more information, contact Sister Priscilla Wood, OP, at 608-748-4411

Praying with the Seasons – 1st session, Saturday March 18th, 7am—9am

Spring... Summer... Fall... Winter: Let's prayerfully and contemplatively explore the rhythm of the seasons. During each 2-hour session, participants will be offered several options of spiritual practices in which to engage, using Sinsinawa Mound's outdoor resources: the woods, hiking trails, gardens, and the labyrinth. Bring a journal, a sketch pad, a book of poetry, sacred scripture, or just yourself--whatever will help you better pray with the Earth. We will close each session with a ritual celebration to honor the significance of each Equinox and Solstice. Weather permitting, we will enjoy time around a bonfire at the end of the evening sessions.

Free-will offering; no registration is necessary. These four sessions are part of our ongoing series, "Exploring a Contemplative Ecology." Saturday, March 18th (Spring Equinox); Wednesday, June 21st (Solstice); Saturday, September 23rd (Fall Equinox); Thursday, December 21st (Solstice)

Book Discussion: Refuge: An Unnatural History of Family and Place Join our discussion of Terry Tempest Williams' ecological classic, Refuge: An Unnatural History of Family and Place. Interweaving personal loss, ecological disruption, spiritual grace and, ultimately, renewal, Williams has written "one of the most significant essays of our time" (Kansas City Star).

Free-will offering; No registration required. Copies of the book are available for purchase at the Sinsinawa Mound Book and Gift Gallery. Please come having some or all of the assigned pages.

Tuesday, March 21st - 6:30pm (pages 1-96) Tuesday, March 28th - 6:30pm (p. 96-203) Tuesday, April 4th - 6:30pm (p. 204-314)

Retreat: The Work That Reconnects: Recovering the Story of Interbeing - August 19--20

Based on the wisdom of deep ecologist Joanna Macy, this engaging retreat transports us from the cultural story of separation and into the felt experience of interbeing. We will follow a 4-step process of: Gratitude, Sharing our Plan, Seeing with New Eyes, and Going Forth. We will connect with the cry of the Earth from within our own hearts, release discouragement, and find sustenance to go forth as interconnected and well-sourced agents of change. Facilitator: Carolyn Griffeth

For more information on events at Sinsinawa, call or visit the Mound: 585 County Road Z, Sinsinawa, WI 53824, (608) 748-4411. OR visit their website: https://www.sinsinawa.org/moundcenter/events_retreats.cfm

Dubuque Ministerium

The Dubuque Ministerium is open to all religious leaders in Dubuque and the surrounding area. The Ministerium meets the second Tuesday of each month at 12:00 Noon. Lunches are provided with a requested donation of \$5. Here is the schedule:

2016 - 2017 Season:.

March 14th - Pastor Pamela Starr at St. Matthew's/Immanuel UCC April 4th - Chaplain Dianne Grace at Hospice of Dubuque May 9th - Fr. Thomas Toale at St. Patrick's

For more information contact Fr. Dustin Lyon, Ministerium President, at 563-583-5902 or dustin.lyon@gmail.com

Shalom Spirituality Center

The Forgiving And The Forgetting: Understanding Persons With Dementia Thursday, March 9, 6:30-8:30pm. Presenter: Rev. Dr. Jade Angelica, Founder & Director of the Healing Moments Alzheimer's Ministry

This dramatic presentation about a family's journey through Alzheimer's reflects universal truths and challenges about the diseases of dementia. The program will offer participants a spiritual lens for uncovering meaning and purpose in the presence of the realities of dementia and demonstrate the importance of compassion for this vulnerable population. It will also teach effective communication skills designed to enhance the lives of persons with Alzheimer's and dementia as well as that of their families, and their caregivers. Discussion will follow the presentation. Offering: \$10. Register & Prepay By Tuesday, March 7

An Irish Celebration Of Body & Spirit! Tuesday, March 14, 6:00-8:00 pm. Presenter: Dr. Susan Forshey, Assistant Professor Of Discipleship And Christian Formation, University Of Dubuque Theological Seminary Soon it will be St. Patrick's Day, so join us for this early celebration of Irish food and spirituality. The evening will begin with a dinner of wonderful Irish-style cuisine, followed by a brief look at the history and practices of Celtic spirituality presented by Susan Forshey. Susan has traveled to Ireland to learn about this form of spirituality, and is excited to do a "spirited" presentation for us. It promises to be a good time for all those of Irish descent as well as the Irish "wannabes" among us! Offering: \$24. Register & Prepay By Thursday, March 9

Centering Prayer At Shalom Monday, March 20, 7:00pm-8:00pm. Facilitator: Marilyn Dansart Centering Prayer gatherings at Shalom begin with 20 minutes of quiet, wordless prayer together. We then read together a short piece related to contemplative prayer, contemplative living, etc. which is followed with time to share our thoughts or reflections regarding the reading. Centering prayer is much more about what God can do in us than what we can do for God. Hence our times of prayer call us to a spirit of openness and receptivity to God.Newcomers to the Shalom Centering Prayer Group are always welcomed!

Offering: Freewill Offering. Registration Not Required

Simple Practices For Befriending Stress Tuesday, March 21, 6:30pm-8:30pm. Facilitator: Suzanne Rubenbauer FSPA.

Sr. Suzanne will provide practical ways that can be used to deal with stress. By practicing these techniques, we can grow in kindness towards ourselves and others. An integrative approach of body-mind-spirit will be offered during this two-hour hands-on process. Enjoy some healthy snacks.Sr. Suzanne completed the 3-year Spiritual Director Preparation Program at the Franciscan Spirituality Center in LaCrosse, WI in 1988. She has personal experience and education in mindfulness based stress reduction techniques, mind-body-spirit awareness and integrative daily scripture spirituality. As

a cancer survivor and presently a caretaker for her aging parent, Suzanne realizes the gifts of compassionate listening to self and others, moment-to-moment awareness, and seeing God in the ordinary.

Offering: \$10. Register & Prepay By Friday, March 17

Shalom Spring Breakfast: Clothed In The Goodness Of God Wednesday, March 22, 7:30-8:30am. Presenter: Theresa Jungers OSF

It may still feel like winter, but it is officially spring! Join us to welcome the season by enjoying a delicious breakfast, socializing with friends, and reflecting with Theresa on how spring beauty clothes us in hope, expectation, joy, and more. Offering: \$10. Register & Prepay By Monday, March 20

R.A.I.S.E. Awareness & Hope Concerning Mental Illness Thursday, March 23, 6:30-8:30pm Presenter: Virginia Pillars, Author, Speaker, and Mental Health Volunteer. The goal of the evening is to bring awareness into the lives of those who rarely think about mental illness, and to help them understand what it is like for the families of the affected one. As the mother of a daughter who has suffered from schizophrenia, Virginia will share her own experience, including how her daughter's illness broadsided her, and how she relied on her faith to see her through. She will explain the acronym R.A.I.S.E., which she finds hopeful and helpful. A time for questions and discussion will follow the presentation. Offering: \$10. Register & Prepay By Tuesday, March 21

Read about upcoming events in Shalom's own information-filled online newsletter! http://www.shalomretreats.org/programs.html

For registration: phone 563-582-3592,e-mail info@shalomretreats.org, or visit www.shalomretreats.org

Franciscan Center for Hospitality, Prayer, & Spirituality 1001 Davis Dubuque, IA 52001



Church Women United

Church Women United May Friendship Day

Friday, May 5, 2017

Shalom Spirituality Center - 1001 Davis Street (accessible)

Enter behind center – Drop off entrance. Off and on street parking.

9:00 am Continental Breakfast (Eggs, rolls, juice, coffee, \$6.00)

RSVP to Sue Hattel 563-556-1394 by noon May1, 2017 or shattel220@aol.com

10:00 am Program & Worship - Kindling New Fires of Love

Program: "Meeting Children's Needs in Dubuque" Speakers: Jamie Theisen – Families First Jean Becker – Retired Assistant County Attorney

Celebrating the Fellowship of the Least Coin

All are welcome! Sponsored by Dubuque Area Church Women United Contact person: Sue Hattel 563-556-1394

Holy Trinity Lutheran Church



Discover a safe, supportive, and engaging environment designed specifically for individuals with memory loss from Alzheimer's or other forms of dementia and their caregivers. Join us in a friendly place where people can interact, enjoy social time, find support, share and celebrate without feeling misunderstood. A Place for Friendship: Dubuque's Memory Café is that place.



There is no fee to attend and pre-registration is not required. For more information or with questions about the program, contact Rev. Dr. Jade Angelica at jadeangelica@gmail.com or 563.582.4724.

Refreshments will be served.

A Place For Friendship: Dubuque's Memory Café will meet every second Thursday of each month.

Dubuque's Memory Café project is the collaborative result of multiple community sponsors, including



Unitarian Universalist Fellowship

UUFD's Historic District Coffee House spring schedule:
March 18 7pm, May 20, 7pm. Open mike events to
support local talent. Free with donations (non
perishables/\$) going to the Food Pantry.
For further information contact:
bruceschmidt@centurytel.net or
rocheart3@msn.com



Clarke University



The poster below is in support of Clarke students who are traveling this summer with Clarke Social Work Professor Mary Gatua to Kenya. For more information about supporting these students with donations you can email Mary at mary.gatua@clarke.edu

KENYA Mission Trip 2017



Join us in establishing a community library in a rural primary school in Kinangop, Kenya and hosting a conference for rural primary school teachers.

Orders & payment DUE by: 3/13/17

*For more ways to help or questions please contact: lamb.mackenzie@gmail.com

Iowa Interfaith Power & Light



Green Team Training Report by RRS Stewart

Green Team Training, presented by the Dubuque Chapter of the Iowa Interfaith Power and Light, was the first major event of the new Dubuque Chapter of IIPL, the first such chapter in the State of Iowa! One of our commitments was to hold at least one event or activity in addition to our support of the state-wide effort of IIPL.

Congregations taking part in the Green Team Training were: First Congregational United Church of Christ, Holy Trinity Lutheran, Holy Spirit Parish, Church of the Resurrection, Saint Luke's United Methodist Church, Saint John's Lutheran, Saint Joseph the Worker, Saint Joseph Key West, Sisters of Charity, Sisters of the Presentation of the Blessed Virgin Mary, Sisters of St. Francis, Unitarian Universalist Fellowship of Dubuque, and Westminster Presbyterian.

The day began with the signing of the chapter agreement. Mayor Roy Buol gave a few words of welcome and encouragement, followed by Joan Lickteig offering a prayer of invocation. During the first period, we talked about the WHY of our work: WHY do we care about the creation (sometimes being 'too otherworldly', people of faith have forgotten that we are IN the creation).

After a brief break, we reviewed what others have learned about working in and with congregations to make green practices work. Our panelists were Judy Giesen from Church of the Resurrection, Mary Purdy from St. Luke's United Methodist, Jade Angelica from Unitarian Universalist Fellowship of Dubuque and Cori Burbach from Sustainable Dubuque.Carrie Lohrmann presented a congregational assessment. She is a trained Climate Reality Leader available to speak to area congregations on climate change from the faith perspective. Contact her at carrielohrmann@gmail.com. Finally, each of our newly forming green teams had the opportunity to read a faith statement applicable to their congregation and make plans.

NEXT Monthly Meeting, March 12, will be hosted by Unitarian Universalist Church, 1699 lowa St., 3-4:30 PM. All Dubuque and area congregations are welcome to attend. Please invite any interested persons of faith to join you at the meeting, newcomers always welcome. Looking forward to seeing you there! (Monthy meetings are hosted by our members, rotating locations.)

Visit our website www.lowalPL.org https://www.facebook.com/iowaipl

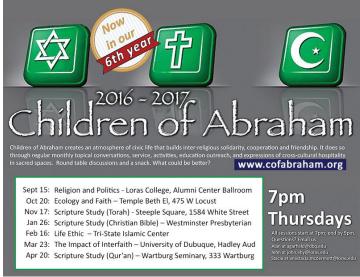
Download our covenant congregations form here: http://iowaipl.org/donate/covenantcongregations

Please contact Sarah Paulos at programs@iowaipl.org for more information.

Children of Abraham

NEXT MEETING: March 23. University of Dubuque (Hadley Auditorium in Dunlap Tech Building, corner of University & McCormick Sts.

www.cofabraham.org



Questions, just email Alan Garfield at agarfield@hotmail.com

Dubuque Community

Boy Scouts NE Iowa Council



Scouting for Food

The Northeast Iowa Council Boy Scouts of America needs our help! The scouts will be collecting food for the less fortunate in our community. Scouting for Food will take place on Saturday March 25, 2017 from 9:00 am to 12:00 noon. Scouts will begin collecting food at 9:00 am and take it to the Hy-Vee Food Store at 2395 NW Arterial Dubuque. It will be boxed up and shipped to the Dubuque Food Pantry and other neighboring food pantries. Our Goal is to collect 40,000 pounds of food in one morning. With our help they will reach their goal. Please leave a bag of food outside your door on Saturday morning March 25, 2017 before 9:00 am.

www.scoutsiowa.org.

Multicultural Family Center







Celebrating Dubuque's Diversity



SATURDAY, APRIL 1ST 11:30 AM ½ 2 PM



Multicultural
FAMILY CENTER
The State Indian Building DUBOGUT
The State Indian Building DUBOGUT
The State Indian Building DUBOGUT

1157 Central Ave. 1 563 582 3681 | www.mfcdhg.org

MFC Health Office

2nd & 4th Thursday of the month • 5:30-7:00pm





Providing Health Education & Advocacy for You! The Multicultural Family Center (MFC) is committed to providing whole-person support for your health

issues. Visit the MFC Health Office to confidentially discuss questions or needs you have regarding your health. The MFC Health Office is not a medical office, yet it can help you with providing education

on a variety of health topics including:

- · Self care -- How do I take care of myself?
- Where to go for medical care Are you new to Dubuque?
- What to expect & what to ask for if you have an upcoming medical appointment
- . LGBTQ+ health queries
- . Immunizations -- What are they all about?! . Vaping -- Isn't this healthier than smoking? · Healthier living- What does this mean to you?
 - · Local medical and dental resources

Staffed by MFC Valunteer Caroline Woods. Caroline is a PA, physician assistant, who is passionate about health advocacy and providing a safe space for individuals to address their health needs. She has participated in LGBTQ+ Safe Zone & cultural-humility trainings. Her goal is to ensure that the MFC's Health Office is welcome and assuring for all.



If you are making a special trip to the Health Office, please call ahead to ensure it is staffed that day. Even if you don't speak English, we will work with you! We can try to find an interpreter or use a language-translation applicat

We encourage community members of ALL races and ethnicities (Black, Marshellese, Hispanic, W sexual orientations, gender identities, and abilities to participate in MFC programs and events

Multicultural Family Center | 1157 Central Ave | Dubuque, IA 52001 | (563) 582-3681 | www.mfcdbq.org

Visit our new website: www.mfcdbg.org 563-690-6042 (Office) Multicultural Family Center (MFC) The Ruby Sutton Building 1157 Central Ave. Dubuque, IA 52001



Faces & Voices Reading Challenge

2017 Black History and Black Author Reading List:

Discussion groups will meet on the last Sunday of the month at River Lights Book Store at 3:30 p.m. Meetings are in February, April, June, September, October, and November. Everyone is welcome!

January - February: Taylor Branch, "Parting the Waters: America in the King Years 1954-63" Winner of the Pulitzer Prize and the National Book Critics Circle

March - April: Taylor Branch, "Pillar of Fire: America in

the King Years 1963-65"

May-June: Taylor Branch, "At Canaan's Edge: America in the King Years 1965 - 68" National Book Award finalist

September: Claudia Rankine, "Citizen: An American Lyric" Finalist for the National Book Award in Poetry, Finalist for the National Book Critics Circle Award in Criticism, Winner of the NAACP Image Award October: Ibram X. Kendi, "Stamped for the Beginning: The Definitive History of Racist Ideas in America" National Book Award winner.

November: Keeanga-Yamahtta Taylor, "From #BlackLivesMatter to Black Liberation" Dr. Cornel West -"This brilliant book is the best analysis we have of the #BlackLivesMatter moment of the long struggle for freedom in America. Keeanga-Yamahtta Taylor has emerged as the most sophisticated and courageous radical intellectual of her generation."

For more information contact Rev. Tim Bees at revbees@yahoo.com

Would you like your event, volunteer opportunity, or organization publicized in the DACU Newsletter?

Just email the editor at phyllisgarfield@hotmail.com We'll do our best to include anything in harmony with DACU's mission.

> Deadline: First Saturday of the month. **BE SURE TO INCLUDE:**

Name of Event, Location, Date, Sponsor, and contact information. Events with incomplete information can't be included.

Dubuque Y



CHANGE LIVES **FOREVER**

GROUP MENTORING **DUBUQUE COMMUNITY YMCA/YWCA**

WHY SHOULD I BE A GROUP MENTOR?

- Help increase youth's sense of belonging
 Normalize youth's developmental milestones and experiences
- Have a DIRECT impact on your local community
 Make a DIFFERENCE in the lives of others

DOES IT REALLY WORK?

- Youth are FIVE times more likely to graduate if they have meaningful relationships with adults
 Kids who have mentors are nearly 50% less likely to use drugs
- . Youth with mentors demonstrate improved self-esteem, decision makings skills, and relationships

- Desire to work with youth ages 8-15 years in a group setting

- Weekly Check-Ins with Program Director
 Willingness to collaborate with Co-Mentor to facilitate group

& COMMITMENT

Mentor training (15+ hours) Summer Group (2 hours a week for 8 weeks)

Fall and Spring Groups (2 hours a week for 16 weeks)

Kim Shird, Director of Community Outreach 35 North Booth St., Dubuque P 563.556.3371

Set Free Dubuque

Our monthly meetings, "Gather to Set Free", will be held every 1st Thursday of the month at Charlotte's Coffee House (1104 White St, Dubuque, IA 52001).

Anyone is welcome to learn more on how to make a difference in the community to fight against trafficking. So, if you would like to bring a guest, please do.

If you have any questions, please let me know. Thanks, Rebekah Matthews, Volunteer Coordinator of Set Free Dubuque (rebekahjmatthews@gmail.com)





DACU PO Box 811 Dubuque IA 52004-0811

Remember...you can view all DACU Newsletters on our Website at www.DACUonline.org

NAACP:

Rev. Lindsay James

DACU Board and Project Contacts Betty Kugi, OP, 608.748.4411 x42

President:

<u>bettyannkugiop@gmail.com</u>

Past President

Administrator:

Bob Krayer Sue Hattel, shattel220@aol.com

Sr. Sara McAlpin 582-5117, <u>bdkrayer@aol.com</u>

Sara.mcalpin@clarke.edu

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Secretary:

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Newsletter Editor:

Phyllis Garfield 599-4898 <u>phyllisgarfield@hotmail.com</u>

People in Need (PIN):

Alan Garfield

599-5205, <u>agarfield@dbq.edu</u>

Dbq. Food Pantry:

Dbq. Rescue Mission:

dubuquefoodpantry@yahoo.com Theresa Caldwell, 563-583-4440,

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