

Dubuque Area Congregations United Monthly Newsletter

Volume 39, No 1

PO Box 811, Dubuque IA 52004-0811

January 2017

We, the members of DACU, people of diverse faiths and beliefs, are united by our belief in God, our concerns for justice and our call to serve others. Through prayerful dependence on God and respectful cooperation with each other, we will make a difference in our world by fostering an awareness and understanding of human need. We will be a supportive presence in this community and beyond through the generous sharing of our time, talents, and resources. Mission Statement adopted 10/22/1996.

www.DACUonline.org/

DATE SPONSOR		EVENT					
Here are just a few of the events sponsored by our DACU congregations and associates. Look inside to learn more!							
January 11		National Human Trafficking Awareness Day					
January 15	St. Luke Methodist	Martin Luther King, Jr. Tribute, 12:45					
January 16		National Holiday: Martin Luther King, Jr. Day					
January 24	DACU	Annual Meeting & Dinner, Westminster Presbyterian Church 6 PM					
February 11	Sinsinawa	Tri State Local Foods Summit, Sinsinawa Mound, 9 AM – 3 PM					
February 19	Iowa Interfaith Power &	Green Team Training, 1-4 PM, Sisters of the Presentation,					
	Light	2360 Carter Lane (registration required, see page					
February 28	DACU	DACU Delegates Meeting, 7:00 PM, Location TBA					
March 3	Church Women United	World Day of Prayer, Location TBA, 9:30 Gather, 10 AM Program (The					
		Philippines)					
March 3-4	Loras College	2 nd Annual RiverCrossing Interfaith Conference, at Loras College					



DACU Annual Meeting & Dinner

Tuesday, January 24
Westminster Presbyterian Church
2155 University Ave.

5:45 PM Social Gathering with music, 6:15 P.M. Invocation & Buffet Dinner Dinner Cost: \$10.00

(Meal catered by Kalmes; Desserts provided and dinner hosted by Westminster!)

Please send reservations (including list of names attending) and checks payable to DACU, and mail to DACU, P.O. Box 811, Dubuque, IA 52004-0811 or call Bob Krayer at 582-5117 (answering machine available) or bdkrayer@aol.com.

Please place your reservations by January 17, 2016. In an effort not to penalize the host congregation for "no show" reservations, it is requested that all reservations be paid in advance.

If you need to cancel a reservation, please call Bob Krayer at 582-5117.

WHY should you attend the DACU Annual Meeting???

Because it just won't be the same without you!

Agenda: Interfaith Meditation, Introductions of Officers and Delegates, Business Meeting, Election and Installation of 2017 Officers, Benediction

- Learn what DACU is planning this year
- Enjoy a delicious meal, seasoned as always with the fragrant spice of community and fellowship
- Receive your personal copy of the DACU Annual Report!
- Welcome new DACU President Betty Kugi, OP and new DACU President Elect, TBA
 - Say THANK YOU to outgoing President Sue Hattel for a wonderful year of service

DON'T Forget!

You are also encouraged to bring non-perishable food and paper goods for the Dubuque Food Pantry.

DACU Board Report

As of December 31, twenty-four congregations and one associate member contributed to the work of DACU for 2016. Thank you to St. Matthew Lutheran, Sisters of Charity, Sisters of the Presentation, Sisters of St. Francis, Sinsinawa Dominican Sisters, and Immanuel Congregational UCC for their contributions in December!

FY 2016 Monthly Balance Sheet Report 12/31/2016								
	December		2016 YEAR TO DATE		BUDGET 2016			
Income	\$	2,363.00	\$	8,285.22	\$7000.00			
Expenses	\$	147.00	\$	5,116.86	\$7000.00			
Ending Balance as of 12/31/2016: \$7,765.04								

Please help us to support our DACU projects!
Checks should be made payable to "Dubuque Area Congregations United" and sent to:

DACU Treasurer,
P.O. Box 811, Dubuque IA 52004

The DACU Board meets the first Wednesday of each month at 4:15 p.m. at Holy Trinity Lutheran Church. Board meetings are always open to the members of DACU.

DACU Projects

People In Need (P.I.N.).

Do you know of someone in need? Here is the P.I.N. assist number: (563) 581-7995

Please leave a message since this is only a recorded line.

Potential clients should not call; only social service agencies, churches/congregations and DACU organizations should refer potential clients. Application via phone only.

Thanks for your generous contributions to P.I.N. during the December season! Currently the main requests are for assistance with heating and rent. We are helping as many as we can. Remember that all of your contributions go directly to assists! Overhead costs are covered through the Board members and DACU.

Please send donations to: Tom Stovall, PIN Treasurer, 3345 Tibey Court, Dubuque, IA 52002-2849



Dubuque Rescue Mission

Winter has hit hard and many who we have not seen at the Mission have re-appeared with needs of shelter and various other needs. Some we put up in the Mission store during shopping hours and otherwise sleep on the first floor hallway.

New case manager, Thomas Reimer and brings years of experience with the Iowa Workforce Development. Mitzy Woodward and her daughter, Ann spent time putting on a beautiful spread of food, gifts and games. Third transitional house soon to be completed. A generous donor provided \$10,000 towards its completion!

St. John's Lutheran has been open and provides housing for eight men! Thanks to St. John's for putting their faith in action!

Happy to say that the Rescue Mission Board of Directors is providing a meal (which is their eighth one to date) on the Rev. Martin Luther King Day. This will be our eighth time of working as a team to provide a meal. We provide the food, prepare and serve the food. It has been a wonderful way to truly put our faith in action. This will be done during the noon meal.

DACU Rescue Mission Representative Maryann Caudill LoGuidice 608.642.1270 http://dbqrescue.org/ https://www.facebook.com/DBQRescue/



Dubuque Food Pantry

New Year's Greetings!

Thank you Dubuque! You have come through again this past year. We were able to give over 520 Christmas Baskets in the middle of December, as well as our regular distribution.

Our shelves are stocked and ready to help the people of our community again this year. With your help, we will continue to serve the needy in our area. Your donations can be dropped off any time Monday, Wednesday, or Friday from 8 a.m. - 4 p.m. or Tuesdays 8 a.m. - noon.

Have a blessed New Year!

Theresa Caldwell, Manager 583-4440

P.S. Like us on Facebook! ("Dubuque Food Pantry") Drop off hours are: Mon., Wed., Fri. from 8:00 am to 4:00 pm. and Tues. 8:00 am to Noon

DACU Community

Year End Disbursements!

At the January 2017 DACU Board Meeting, payments of \$1,500 each were approved for the three DACU Projects, the Rescue Mission, the Food Pantry, and People In Need. Your congregational member donations allow us to do this! The Board hopes to do this twice each year. Thank you to all who contributed in 2016.

Sue Hattel DACU 2016 President



St. Luke's United Methodist

DR. MARTIN LUTHER KING, JR. TRIBUTE

ESSAY AND MULTI-MEDIA AWARDS 15 JANUARY 2017

Theme: Dr. King in Iowa

What: The annual Dr. Martin Luther King, Jr. March and Honoree Awards Ever year since 1993, Dubuque Branch NAACP has sponsored a tribute to Martin Luther King, Junior, for students in the Dubuque public and parochial schools to enter essays, art work, poems, books, songs (and now) powerpoints for recognition.

When and Where: Sunday 15 January 2017
March - meet at Jackson Park between 12:30 and 12:45, start marching to St. Luke's United Methodist Church at 12:45.
The awards ceremony for area youth will begin at 1pm in the Thomas Fellowship Hall of St. Luke's United Methodist Church, 1199 Main Street.

Who: Area students, parents and guardians and the public are invited

Why: Celebrate the work of students honoring Dr. King's call for Justice Join friends and neighbors and the students for refreshments following the awards ceremony

This Event is sponsored by Dubuque Branch NAACP
Appreciation is extended to Clarke University, Dubuque Community School
District, Emmaus Bible College, 4 The People inc., First Baptist Church,
Holy Family Schools, Loras College, Northeast Iowa Community College,
St. Luke's United Methodist Church and the University of Dubuque.

Dr. King in Iowa. Think about this – what is **YOUR** dream for: Yourself? Your family? Your community? For Iowa, Your country? Your world?

Multicultural Family Center

Visit our new website: www.mfcdbq.org
563-690-6042 (Office)

Multicultural Family Center (MFC)
The Ruby Sutton Building
1157 Central Ave.
Dubuque, IA 52001



Sinsinawa Mound Center

Sarah Barnes will offer Canvas Painting Classes beginning Jan. 28, April 18, July 13, and Sept 7, 2017 from 1 – 4 p.m. The registration deadline is one week prior to the class. The Program offering is \$35 and everything is provided for you.

Thomas Roberts, a licensed psychotherapist and clinical hypnotherapist will offer a weekend retreat; Compassionate Acceptance: A mindful Path to Healing Life's Wounds **Feb. 3-5** at Sinsinawa Mound. The registration deadline is **Jan. 27**. The cost is \$187 for a Private Room and \$111 for commuters. Partial scholarships are available upon request to those in need. For more information call 608-748-4411 ext. 811 or email: jdemuth@sinsinawa.org

Tri-State Local Foods Summit Saturday, Feb. 11, 9 a.m. to 3 p.m.

The local foods movement is not only about our personal health and well-being, but encompasses the health of our entire community: farmers, consumers, the poor, our land, public spaces, and institutions. The 2017 Tri-State Local Food Summit will provide an opportunity to explore the intersections of people and land, with a special focus on novel and creative strategies that help advance social equity and environmental justice. The day will feature speakers - including Ali Berlow, author of "The Food Activist Handbook" - break-out discussions, a locally-sourced lunch, exhibitors, and plenty of time for networking.

Session Titles: "Understanding Food Labels" "Farm to Institution Purchasing Panel: Connecting Farmers with Buyers" "Donation Gardens and Community Gardens" "Rural Hunger" "Prison Gardens: Healthy Skills and Healing" "Workplace Food Box and Community Supported Agriculture"

Presenter: Ali Berlow - born and raised in Madison, WI, is the author of two books: "The Food Activist Handbook: Big & Small Things You Can Do to Help Provide Fresh Healthy Food for Your Community" and "The Mobile Poultry Slaughterhous."

To register, contact Guest Services 608-748-4411

Registration deadline is: Feb 3, 2017

Commuter Fee: \$\$25

For more information on events at Sinsinawa, call or visit the Mound: 585 County Road Z, Sinsinawa, WI 53824, (608) 748-4411. OR visit their website: https://www.sinsinawa.org/moundcenter/events_retreats.cfm

Dubuque Ministerium

The Dubuque Ministerium is open to all religious leaders in Dubuque and the surrounding area. The Ministerium meets the second Tuesday of each month at 12:00 Noon. Lunches are provided with a requested donation of \$5. Here is the schedule:

2016 - 2017 Season:.
January 10th - KFXB
February 14th - St. Luke's U.M.C.
March 14th - St. Matthew's or Immanuel U.C.C.
April 4th - Hospice of Dubuque
May 9th - You? (E-mail Fr. Dustin if you'd like to host)

For more information contact Fr. Dustin Lyon, Ministerium President, at 563-583-5902 or dustin.lyon@gmail.com



Shalom Spirituality Center

Discovering The Wisdom Of The Seasons Through Yoga: Winter Mini-Retreat. Saturday January 14, 8:30am-1:00pm, Check-in begins at 8:00am This mini-retreat will include yoga practices such as gentle physical movement, restorative yoga, meditation, journaling, and time for reflection. Offering: \$30, includes a lunch

Registration Deadline: Tuesday, January 10

Bridges To Contemplative Living. January 30, February 6, 13, 20, 27, March 6, 13, 20, 7:00pm-8:30pm Based upon the works of Thomas Merton, we will reflect on and share our understandings of the contemplative

spiritual life. Offering: \$40 for the 8-session weekly series; includes booklet, beverages and snacks Registration Deadline: Thursday, January 26

Reading That Matters Book Discussions

Tuesday, January 31, 7:00pm-8:30pm
Discussions of books that can impact how we look at our world and the people in it. The January book selection is "Tattoos on the Heart: The Power of Boundless Compassion" by Gregory Boyle
Offering: \$6 per session

Registration Deadline: Monday, January 30

Simple Practices For Befriending Stress

Saturday, February 4, 9:30am-11:30am Learn practical ways that can be used to deal with stress, so that we can grow in kindness towards ourselves and others. An integrative approach of bodymind-spirit will be offered during this. Offering: \$10, includes a snack

Registration Deadline: Thursday, February 2

Grieving the Loss Of A Loved One

Monday, February 6, 7:00pm-8:30pm If you are grieving the loss of someone dear to you, we invite you to join us for this evening of supportive learning and sharing.

Offering: Free

Registration Deadline: Friday, February 3

Days of Quiet & Prayer: A 4-Session Series

February 8, March 8, April 12, May 10, 9:30am-2:45pm

Each session will begin with coffee and rolls at 9:30am. We will continue with prayer, and each participant will be given a booklet to aid personal reflection throughout the day. Faith-sharing and prayer will conclude each day. The book selection for this program is "The Rebirthing of God: Christianity's Struggle for New Beginnings" by John Philip Newell

Offering: \$85 for series, includes the book, program, materials, coffee & rolls, lunch, and a private room Registration Deadline: Monday, January 30

Shalom's Annual Valentine Evening For Married

Couples. Sunday, February 12, 6:00-8:00pm, Sunday Liturgy at 5:00pm. Bring your Valentine for a delicious candlelight meal in our cozy dining room!

Offering: \$48 per couple

Registration Deadline: Tuesday, February 7

Wellness Day

Wednesday, February 15, 9:00am-3:30pm Come for a day enjoying two 30-minute holistic services of your choice, a private guest room, delicious lunch, walking the labyrinth, adult coloring, and space to just be. Choose two services from the following:

- + Massage
- + Reflexology
- + Essential Oil Consultation
- + Success Coaching
- + Spiritual Direction

Offering: \$85. Registration Deadline: Friday, February 10

Substance Use Disorders & The Family

Tuesday, February 21, 6:30-8:00pm
This presentation will include signs and symptoms of substance abuse disorders and the effects of these disorders on the family system, as well as things you can do and resources available. The evening will include time for sharing, processing, and questions.

Free Will Offering. Co-sponsored with Mercy Medical Center.

Registration Deadline: Monday, February 20

Create A Brighter Future Workshop

Thursday, February 23, 6:00pm-9:30pm
The workshop is designed for people in transition. In contemplating a career move or considering what to do in retirement, participants will discover ways you want to be and how you want to impact the world.

Offering: \$35 includes materials and snacks. Registration Deadline: Thursday February 16

Read about upcoming events in Shalom's own information-filled online newsletter! http://www.shalomretreats.org/programs.html

For registration: phone 563-582-3592,e-mail info@shalomretreats.org, or visit www.shalomretreats.org

Franciscan Center for Hospitality, Prayer, & Spirituality 1001 Davis Dubuque, IA 52001



Hope House

Dear Friends.

I am writing to ask you to consider volunteering to prepare and serve a Community meal at Hope House. As you know, we serve Community Meals, to which all are invited, on Sunday and Monday evenings at 6:00p. About 20-25 people on average share in the meal. Most of our Monday evening meals are provided by groups that do so every month. Loras College student groups generally serve the meals on Sundays, from October through April.

The following Sundays and Mondays are currently available:

- January 30
- March 5, 12, 19, & 26
- April 2, 9, & 23

Please consider preparing and serving one of those meals with a faith-sharing group or with friends. I am attaching a document that gives more detail about what and how we do community meals and what you might expect. If you want to schedule a date or want more information, please email or phone me at 563-582-9079

Thanks, and God bless!
Tom Johnson

Hope House 1592 Locust Dubuque, IA 52001 (563) 582-9079

"We can either have democracy in this country or we can have great wealth concentrated in the hands of a few, but we cannot have both."

-- Justice Louis D. Brandeis

Community Meals at Hope House

We normally serve 25-35 people family-style at 6:00p at two tables and, weather permitting, an outdoor picnic table and TV trays, as needed.

Most groups arrive with the food they will serve already prepared, ready to serve immediately or with a little warm-up. You may, if you wish, however, use our gas stove or charcoal grill for cooking and our full kitchen facilities for other food preparation.



We appreciate it when groups provide beverages such as milk and/or fruit drinks/juices. Desserts are always a treat! The resident guests are always grateful for leftovers.

We normally set the tables with our dinnerware. We have an adequate number of serving bowls and utensils.

We'd appreciate it if you could stay and assist with clean-up.

We recommend that you allow time for you and other members of your group to visit with the dinner guests. We would also be very glad to lead short prayer sessions before and/or after the meal, to help you understand the spiritual significance of your hospitality.

If you have questions, please feel free to call Tom Johnson at 563-582-9079

Thanks for your willingness to "feed the hungry" here in Dubuque. God promises that it will be a rewarding experience!

Loras College



Register now for the 2nd Annual River Crossing Conference!

Loras College Dubuque, Iowa Friday, March 3-Saturday, March 4, 2017

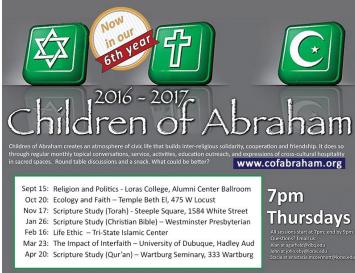
Join college students, faculty, and staff in developing skills needed to build interfaith relationships to work towards the common good. Registration fee is \$40; for more information contact Stacia McDermott, Coordinator of Campus Ministry and Peace and Justice

LORAS COLLEGE 1450 Alta Vista St | Dubuque, IA 52001

563.588.7056 | Anastacia.mcdermott@loras.edu

Children of Abraham

NEXT MEETING January 26, Westminster Presbyterian Church (2155 University Ave)!



Questions, just email Alan Garfield at agarfield@hotmail.com

Dubuque Community

Set Free Dubuque

From all of at Set Free Dubuque, we hope you had a very blessed Christmas and a wonderful new year to come! With the start of the New Year ahead, Set Free Dubuque has decided to make some changes to the monthly, volunteer meetings. Below are the changes:

- 1.) We have adapted a new name for the volunteer meetings: "Gather to Set Free".
- 2.) It will be held every 1st Thursday of the month at Charlotte's Coffee House (1104 White St, Dubuque, IA 52001).

Anyone is welcome to learn more on how to make a difference in the community to fight against trafficking. So, if you would like to bring a guest, please do.

If you have any questions, please let me know. Thanks, Rebekah Matthews. Volunteer Coordinator Set Free Dubuque (rebekahjmatthews@gmail.com)

Iowa Interfaith Power & Light

Great news! Green Team Training Day is FREE! No Excuses...register your team and join us, February 19 (Registration Required)



FREE EVENT **Public Welcome**

Thanks to a generous donation from our sponsors the worksho

Doors open: at 12:30 for registration and networking. Coffee and snacks provided.

REGISTER HERE: iowaipl.org/act/ register-events

Brought to you by the Dubuque Chapter of Iowa Interfaith Power & Light and Iowa Interfaith Power & Light and our sponsors:

Church of the Resurrection Holy Trinity Lutheran Trailhead Energy Westminster Presbyterian Church Mission Team

For more information, contact Sarah at: programs@iowaipl.org

Green Team Training Day

Sunday, February 19, 2017, 1:00 - 4:00 p.m.

Bring a team from your congregation to form a new Green Team or to strengthen your existing Green Team!

The training will include:

Panel presentation of successful efforts to care for creation by area congre-

- Reducing energy use and how they funded it
 Creating food bank gardens
- Reducing congregational waste
- Green cleaning options

Materials, tips and resources to help plan your green team and to assess your congregation.

Time to plan, network, and browse a "green solutions fair" from local green

Pre-registration required.



What is Iowa Interfaith Power & Light?

The mission of lowa Interfaith Power & Light is to engage and equip people of faith to become leaders in addressing the environmental and social justice consequences of climate change. We inspire lowa's faith communities to embrace environmental stewardship as central to their religious convictions. We work together as people of faith to address climate change and lead by example in reducing our individual and collective carbon footprints for the benefit of present and future ger

https://www.facebook.com/iowaipl Visit our website to www.lowalPL.org Download our covenant congregations form here: http://iowaipl.org/donate/covenantcongregations Please contact Sarah Paulos at programs@iowaipl.org for more information.

Would you like your event, volunteer opportunity, or organization publicized in the DACU Newsletter?

Just email the editor at phyllisgarfield@hotmail.com We'll do our best to include anything in harmony with DACU's mission.

Deadline: First Saturday of the month.

Boy Scouts NE Iowa Council



Summer Jobs with the Boy Scouts!

Thinking about a summer job?

How about working in the great outdoors?

The Northeast Iowa Council is looking for individuals who have an interest in working at our beautiful Boy Scout Camp (Camp C.S. Klaus) this upcoming summer (2017).

Many positions start mid-June and are finished by late July/early August. Several management positions are available. Available positions and their descriptions are available at: www.scoutsiowa.org/cskstaff/.

Air conditioned residence and meals are included, in addition to a seasonal employee salary. Scouting experience is a plus, but not mandatory.

Contact Matt Klutzaritz at 563.556.4343 or matt.klutzaritz@scouting.org for more information.

Camp Klaus is located in Colesburg, Iowa. For more information on the Northeast Iowa Council, Boy Scouts of America, please visit our website: www.scoutsiowa.org.



Green Iowa Outreach

River Museum Needs Volunteers!

We are looking for volunteers for some events this month. Events include:

Ice Fest at the River Museum Jan 14, 15, and 16th mainly outdoor volunteering with children. There is: >Snow shoes which is working with the kiddos to put on the shoes and instruct how to walk in them.

>Snow snake which is a native American game that comes with full instructions.

>Snow slide – which is where the children get to clime the snow hill and slide down the other side. We usually put at least two people at this area; one at the top of the snow slide hill to help the kids get on the slide safely and one at the bottom of the slide to ensure safety and to help the kids get off the sled. Our guests truly love this part as they don't need to clime the hill with their kids to have fun.

All duties outdoors run from 11am to 3pm with breaks and we provide you all with a free home-cooked meal. We have a very gracious volunteer that cooks all of the food and serves it to our demonstrators and volunteers all three days. Outdoor events will require you to have all your outdoor gear including snow pants, hats and gloves. We will also have an outdoor fire pit for everyone to use as a warming station if needed.

And if I could ask, as soon as possible, if there are volunteers, 1-3 people, for the dates of Jan 17th and 18th for an all-day help at the river museum digging out the dirt of one of their tanks so they are able to access their pipes to fix them? I know this last one is short notice, yet so far it is just me and she is looking for 2-4 people and a quick response.

Sincerely,
Catherine Kaetz
GIA Outreach Coordinator
greeniowadb.outreach@gmail.com



DACU PO Box 811 Dubuque IA 52004-0811

Remember...you can view all DACU Newsletters on our Website at www.DACUonline.org

DACU Board and Project Contacts Sue Hattel 563 556-1394

President:

President Elect:

shattel220@aol.com

bku<u>qi@sinsinawa.org</u>

Secretary:

Administrator:

Phyllis Garfield

Newsletter Editor:

Worship:

Treasurer:

599-4898 <u>phyllisgarfield@hotmail.com</u>

Alan Garfield

People in Need (PIN):

Dbq. Food Pantry:

dubuquefoodpantry@yahoo.com

Maryann Caudill-LoGuidice

OTHER CONTACTS:

Dbq. Rescue Mission:

NAACP:

Church Women United:

Crop Walk:

Habitat for Humanity:

Opening Doors:

Operation New View:

Ecumenical Housing:

Prison Ministries:

St. Mark Youth Enrichment: Dawn Cogan 582-6211

Shalom Spirituality Center: 582-3592, info@shalomretreats.org Ministerium Association: Fr. Dustin Lyon, 563-583-5902

Betty Kugi, OP 608.748.4411 x42

Bob Krayer

Sr. Sara McAlpin 582-5117, <u>bdkrayer@aol.com</u>

Barbara Hubeny O.P. Sara.mcalpin@clarke.edu

Betty Kugi, OP 608.748.4411 x42 3arbara.hubeny@gmail.com

okugi@sinsinawa.org

599-5205, <u>agarfield@dbq.edu</u> Theresa Caldwell, 563-583-4440,

608-642-1270 maryannuu@fastmail.fm

Rev. Lindsay James

Tom LoGuidice (608-642-1269) <u>indsayjames05@gmail.com</u> or alternate:

loguidice@fastmail.fm Maryann Caudill-LoGuidice

Sue Hattel 563 556-1394 608-642-1270 maryannuu@fastmail.fm

Elaine Mitchell, ph. 588-1691

<u>diettou@gmail.com</u>

Michelle Brown, ph 563-582-7480 mbrown@openingdoorsdbq.org or Sister Kay

Gaul gaulk@osfdbq.org 556-5130 www.operationnewview.org

Deacon Bill Biver, St. Columbkille DACU Representative, Tom Stovall, 581.7220