

#### Dubuque Area Congregations United Monthly Newsletter

Volume 35, No 8

#### PO Box 811, Dubuque IA 52004-0811

September 2013

We, the members of DACU, people of diverse faiths and beliefs, are united by our belief in God, our concerns for justice and our call to serve others. Through prayerful dependence on God and respectful cooperation with each other, we will make a difference in our world by fostering an awareness and understanding of human need. We will be a supportive presence in this community and beyond through the generous sharing of our time, talents, and resources. Mission Statement adopted 10/22/96.

www.DACUonline.org/



DATE	SPONSOR	EVENT				
Here's just a few of the events sponsored by our DACU congregations and associates. Turn the page to learn more!						
September	DACU	DACU Delegates Meeting, Dubuque Rescue Mission, 7:00 PM				
24						
October 6	DACU	CROP Walk 1:00 PM at Holy Trinity Lutheran Church				
October 22	DACU	DACU Delegates Meeting, St. John Lutheran Church				
October 26	Operation New View	Make A Difference Day				



#### **DACU Delegates' Meeting**

**Date:** Tuesday, September 24, 2013

<u>Time:</u> 7:00 PM

Location: Dubuque Rescue Mission

398 Main St.

#### Join us to learn what's new at the Rescue Mission!

**REMINDER:** We accept donations of canned food for the Food Pantry at every DACU Delegates' Meeting. Thank you for your generosity!

Mark your Calendar: Upcoming DACU Events



**Tuesday September 24,** 7:00 PM, Dubuque Rescue Mission.

**Tuesday October 22,** 7:00 PM, St. John Lutheran Church; Program will be Homelessness in Dubuque.

**Wednesday November 27,** 7:00 PM, Annual Interfaith Thanksgiving Service

No DACU Delegates' Meeting in December.

NOTE.....If you have an event you'd like to announce or publicize at a DACU meeting, PLEASE bring printed fliers to distribute. Bob Krayer always has an information table. Just announcing your event won't assure that people remember it!

#### **DACU Board Report**

As of July 31, 11 Congregations and two Associates had contributed to the work of DACU for 2013. During the month of August, there were NO new donations to the work of DACU  $\circledcirc$  Please remember to check if your congregation has made their annual donation yet!

FY 2013Monthly Balance Sheet Report 8/31/2013							
	August	2013 YEAR TO DATE	BUDGET 2013				
Income	\$ 0.00	\$ 2,765.20	\$6,450.00				
Expenses	\$ 21.00	\$ 6,221.55	\$6,450.00				
Ending Balance as of 8/31/2013: \$3,119.03							

Please help us to support our DACU projects!
Checks should be made payable to "Dubuque Area
Congregations United" and sent to:

<u>DACU Treasurer</u>,
P.O. Box 811, Dubuque IA 52004

The DACU Board meets the first Wednesday of each month at 4:15 p.m. at Holy Trinity Lutheran Church. Meetings are always open to the members of DACU.

#### **DACU Projects**

#### **People In Need (P.I.N.)**

A recent unfortunate development has been a large increase in the number of assists requested to prevent families from being evicted. The number of housing assists to prevent evictions has outpaced the number of requests for heating or utilities assistance. The people of our community still need our help!

Alan Garfield, P.I.N. President

Please send donations to: Tom Stovall, PIN Treasurer, 3345 Tibey Court, Dubuque, IA 52002-2849



#### **Dubuque Rescue Mission.**

The Dubuque Rescue Mission looks forward to welcoming DACU representatives to the mission for their September delegates meeting! Please attend to hear what is happening at the Mission!

Since we have our own truck now (donated by Runde car dealership) we are able to pick up large donations by contributors simply by calling the Mission. (583.1394)

DACU Rescue Mission Representative Maryann Caudill LoGuidice 608.642.1270 maryannuu@fastmail.fm



#### **Dubuque Food Pantry**

Thank you to all who continue to support the Food Pantry with monetary donations and food collections. A big thank you to all the gardeners who have been bringing us vegetables. They are going out the door as fast as they come in!

**Gardeners**: please remember the Pantry when you are gardening. We would be glad to give out any extra produce you might have. Drop it off at the Pantry on Mon., Wed., and Fri. between 9:00a.m.- 3:00p.m. or Tues. 9:00-11:30a.m.. Pass the word on to your friends and neighbors.

Is your church/congregation wanting to know what we could use? Each month I will be listing a few items that we could use so you can plan ahead and get the list in your church bulletin/announcements.

**September** --- Potatoes of any kind, sugar, mac & cheese, tuna, laundry soap, dish soap

**October** --- Applesauce, soup, coffee, tea, jelly, ketchup, paper towels, shampoo.

Drop off hours are: Mon., Wed., Fri. from 9:00a.m. to 3:00p.m. and Tues. 9:00-11:30a.m.

God bless you and thank you for your continued support.

Sister Lynn Wagner, Manager

#### **DACU Community**

#### **CROP Walk**

The CROP Walk is scheduled for Sunday October 6<sup>th</sup>, 1:00 PM at Holy Trinity Lutheran Church. The theme is "Be a Lifesaver".

For more information, contact
CROP Chair *Maryann Caudill LoGuidice*608.642.1270
maryannuu@fastmail.fm



#### St. Mark Youth Enrichment

(Formerly St. Mark Community Center)
2013 Volunteer Fair
Wednesday September 25, 11 AM to 1 PM and
Thursday September 26, 4 PM to 6 PM

Attend to learn more about volunteer opportunities at various nonprofits in our community. We encourage you to spread the word and share these dates with individuals who are looking to make a difference in our community! There is no fee to attend, and no need to register. Please join and see first-hand all the great things happening in our community! For more information please contact 563.582.6211, ext.108 or tvelez@stmarkyouthenrichment.org



#### **Center Grove United Methodist Church**

Annual Pork Chop Dinner! Center Grove United Methodist Church, 3140 Brunskill Rd, Friday September 27, 5-8 PM

Cost: Adults \$9 and children 6-12 yrs \$4. The delicious menu is: Grilled Iowa Pork Chop, potatoes, corn, applesauce, coleslaw, roll, dessert, lemonade & coffee. Carry-outs available! Call for tickets: Donna 563-582-8504 or Jane 563-879-3221

#### **Dubuque Ministerium**

Upcoming dates are:

- Tuesday October 14 at First Congregational Church
- Tuesday November 12 at St. Luke's Methodist.
   The Chairs are Dave McGee and Karen Leisen

Maryann Caudill-LoGuidice DACU Ministerium Representative

#### **Shalom Retreat Center**

**Our Mission:** Founded in the Franciscan tradition, Shalom Retreat Center is a sacred space in a peaceful environment, calling people to God and fullness of life.

1001 Davis, Dubuque, IA 52001

Phone: <u>563/582-3592</u>
Web: <u>www.shalomretreats.org</u>
Email: info@shalomretreats.org

Faith Sharing – Bridges to Contemplative Living (8 weekly sessions) Thursdays: Sept. 19, 26, Oct. 10, 17, 24, 31, Nov. 14 & 21, 7:00 – 8:30pm Facilitator: Marci Blum OSF. We will engage in faith-sharing, using the book "Bridges to Contemplative Living with Thomas Merton." Through reflection on our ordinary experiences with the writings of Thomas Merton, prayer and quiet, we will focus on living contemplatively in the midst of our busy and active lives. We begin with the topic "Entering the School of Your Experience."

Offering: \$40 for 8-session weekly series. Includes the book, beverage & snacks. Register by Friday, Sept. 13.

#### SHALOM FALL BREAKFAST: Mattresses!

Tuesday, Sept. 24, 7:00 – 8:00am; Mass at 8:15am

Presenter: Ruth Jackson SVM

How in the world will Ruth connect "Mattresses!" to the fall season? It's a mystery, but we know her creativity is at work, so come and let her delight you with the fruits of that creativity!

Offering: \$9. Register/prepay by Friday, Sept. 20.

THE MIRACLE OF MINDFULNESS: An Antidote to That Overwhelmed Feeling Saturday, Sept. 28, 9:00am – 3:00pm Facilitator: Eileen Miller OSF

Life is hectic. Most of us find ourselves rushing from one thing to another, leaving little time to reflect or "just be." Hopefully, this day will give participants some ideas and tools on how to use the precious minutes in between events of their days to quiet their bodies, minds and spirits. We will learn to do mindful meditation, as well as other mindful practices that keep us in tune with the beauty of life. (A bonus might be lower blood pressure readings!). Offering: \$40. Includes program, coffee on arrival and noon lunch. Note: Bring a friend who is new to Shalom and offer us \$60 for both of you.

Register/prepay by Wednesday, Sept 25.

#### AN ITALIAN FEAST FOR BODY & SPIRIT A Few Italian Franciscans Are Stopping By...!

Tuesday, Oct. 1, 6:30 - 8:30 pm

Presenters/Impersonators: Amanda Osheim, Beth Kowal, and another TBD

Come, meet a few more historic Italians! Last year we introduced our guests to a variety of interesting historic

characters. This year we invite you to meet three interesting Italian Franciscans whom you may or may not already know, namely Margaret of Cortona, Zita of Lucca and Pope Clement XIV. The women will be played by Amanda Osheim of the Loras Religious Studies Dept. and Beth Kowal of the Dubuque Franciscans. We are still looking for the right person to impersonate Pope Clement XIV! Of course, preceding the program is our usual fine dinner of Italian cuisine. Offering: \$23. Register/prepay by Friday, Sept. 27.

RENEWAL DAY Thursday, Oct. 3, 9:00am – 3:30pm Wellness on Davis Staff: Lisa Schmidt LMT, Kay Forkenbrock OSF, LMT, Sharon Hoppenjan LMT, RN; Kim Kali-Schultes, Affinity Center (Counseling & Coaching Center) & Marci Blum OSF

Shalom welcomes you to a peaceful place to rest and relax. Come for a day enjoying two 30-minute holistic services of your choice, a private guest room, a delicious lunch and space to "just be."

Choose two from the following:

•Massage; Reflexology; Healing Touch; Spiritual Direction; Life Coaching. Offering: \$75. Indicate your two choices when registering. *Register by Sept. 30.*.

**Blessing of Animal Companions.** Sunday, Oct. 6, 3:00 pm, north deck. Facilitators: Marci Blum OSF & Marie Cigrand OSF. Come to celebrate a ritual blessing with your animal companions and you as caretaker. Free will offering. Refreshments served. If possible, register by Oct. 4.

#### Wisdom: A Way of Living Retreat

Saturday, Oct. 12, 9:00 a.m. - Oct. 13, 1:00 p.m.

Director: Dianne Bergant CSA

The wisdom tradition of biblical Israel is primarily concerned with the living of life in harmony with people and creation. It is a way of life that will assure happiness, prosperity, and fulfillment. We will view women's and men's perspectives based on life experiences. Commuter and overnight options available. Register by Oct. 7.

Taize Prayer: *Francis, Patron of Joy* Thursday, Oct. 3, 7:00 - 8:00pm

Registration not required.

THE POWER OF MYTH – A Continuation of the DVD Series on Well-Being. Wednesdays, Oct. 16 and 30, Nov. 20, 6:30 – 8:00pm. Facilitators: Kim Kali-Schultes and/or Eileen Miller OSF. The late respected academic mythologist Joseph Campbell and writer/journalist Bill Moyer recorded a series entitled The Power of Myth, for PBS 25 years ago. Campbell's big question was: "How can myth be powerful for a person living today?" He believed that the mythical characters act as archetypes of human possibility; they are confronted with problems

and their ensuing action give us an idea about how life might be handled.

Free will offering. Register by the Tuesday before each episode is shown.

#### A LOOK AT HUMAN TRAFFICKING

Monday, Oct. 21, 7:00 - 8:00pm

Presenters: Elena Hoye PBVM & Irma Ries PBVM

it's very important that we learn about the growing issue of human trafficking, both sex and labor trafficking, that is going on everywhere, including eastern lowa. Only if we are informed can we even begin to do something about this current form of slavery, its violence and its damaging effects on the often very young victims. \$8. Register by Oct. 18.

#### **READING THAT MATTERS Book Discussion -**

a continuing series on books that can impact how we look at our world and the people in it.

Book: A Wedding in Haiti by Julia Alvarez Tuesday, Oct. 22, 7:00 – 8:30pm \$6. Register by Oct. 21.

**10th Annual SHALOM SHENANIGANS...Sharing the Treasure**. Friday, Oct. 25, 5:30 - 9:00pm

A special fundraising benefit featuring: Social \* Fine Dining \* Entertainment by the a cappella group *JustVoices* \* Super Silent & Silent Auctions \* Chance Raffle \* Raffle

Event tickets: \$40. Register by Oct.18. For more information or to view auction items, visit www.shalomretreats.org.

#### ADVENTURES OF THE UNIVERSE

Mondays, Oct. 28, Nov. 4 and 11, 7:00 – 8:30pm Presenter: Meg Gemar OSF, MA in Earth Literacy

Our Universe Story is a mysterious and awed story that reveals who we are and where we came from, and asks us to think about where we are going. We will look at the wonder and awe of creation, explore aspects of spirituality and The Story, and reflect on the consciousness of the universe permeated with the Divine.

Offering: \$30 for the 3 sessions. Register by Oct. 24.

TO REGISTER, call Shalom at <u>563/582-3592</u>, email: <u>info@shalomretreats.org</u> or send check payable to Shalom Retreat Center with your contact information to: 1001 Davis St., Dubuque, IA 52001.



#### **Sisters of the Presentation**

#### ART & CRAFTS BOUTIQUE And BAKE SALE

Benefit to support charitable ministries

DUBUQUE RESCUE MISSION and
CEDAR RAPIDS METRO-CATHOLIC OUTREACH

Avoid the consumer Christmas rush – Find unique, hand crafted gifts by Presentation Sisters and Associates

Saturday, October 26, 8:30 am – 4:00 pm
Mt. Loretto Main Building
Lakeside Door
2360 Carter Road
Dubugue, Iowa

Hand Woven Baskets; Framed Watercolor Paintings; Denim Shopping Bags; Matted Photographs; Denim & Colored Aprons; Refrigerator towels (with potholders); Handmade Jewelry; Handmade Greeting Cards (watercolor paintings & photographs); Knit caps & dishcloths; Tote Bags; Baby items; Fabric Trivets (AND MORE!)



#### Sinsinawa Mound

"Meeting Alzheimer's; A Day of Hope, Inspiration, & Healing"

Dr. Jade Angelica will be leading a workshop for caregivers and others touched by Alzheimer's Dementia on Saturday, October 5, 2013 from 9 AM to 3:30 PM. The cost is \$50 and includes lunch. For more information, please call Sinsinawa Mound, (608) 748-4411, or visit their website,

www.sinsinawa.org/moundcenter

The Sinsinawa Mound Retreat Center is located at 585 County Road Z, Sinsinawa, WI



www.thonline.com/makeadifferenceday

DUBUQUE AREA MAKE A DIFFERENCE DAY 2013
"A NATIONAL DAY OF DOING GOOD FOR OTHERS"
SATURDAY, OCTOBER 26, 2013

Saturday, October 26 9 a.m. | Breakfast & Training Westminster Presbyterian Church

Andrew Connolly Make A Difference Day is the most encompassing national day of helping others. Held annually on the fourth Saturday of October, millions of Americans are rallied into a single day of action to help change the world.

Join us for the Andrew Connolly Make A Difference Day, on Saturday, October 26, 2013

#### Our Goal...

The area project will focus on assisting senior citizens, handicapped, veterans and others with a helping hand. Services may include both light duty and heavy duty chores around the home, curb appeal and yard work projects outside, socializing and playing games with homebound seniors, simple repairs, and weatherization activities such as applying window plastic or caulking.

All targeted homes will be selected in advance by Operation: New View Community Action Agency or local churches. The agency will conduct an assessment of each home in advance to determine what measures are needed and to develop a list of needed supplies and materials.

#### How does it work?

Each team will consist of six volunteers who will visit two homes on the day of the event. All volunteers will meet at 9 a.m. at Westminster Presbyterian Church for breakfast and training before heading out to their assigned home. They will report back to Westminster Presbyterian Church after their homes have been completed.

#### Get Involved!

We are looking for individuals and organizations to get involved in several ways! To volunteer your team, click on the volunteer link at the top of the page. To make a cash donation to provide for the great amount of supplies and material that will be needed for this project, make checks payable to "Operation: New View Community Action Agency." Please write "Andrew Connolly Make A Difference Day" on all checks. Mail checks to:

Operation: New View Community Action Agency 1473 Central Ave.

Dubuque, IA 52001-4853.

All donations are tax-deductible.

#### Supplies and materials:

In-kind donations of supplies and materials are also needed and appreciated. For more information, call Tom Stovall at Operation: New View CAA at 563-556-5130 x32.

The Andrew Connolly Make A Difference Day 2013 is a community partnership sponsored by Black Hills Energy, City of Dubuque, Diamond Jo Casino, Dubuque Area Congregations United, Operation: New View Community Action Agency, Eagles Club, TH Media, and Theisen's Home Farm Auto

www.thonline.com/makeadifferenceday

Special thanks to Westminster Presbyterian Church for hosting this year's event.



#### **Dubuque Community**

#### **Crescent Community Health Center**

#### Are You Ready? Health Insurance Changes Coming January 2014

Crescent Community Health Center is providing the Dubuque Community with education, enrollment and determining eligibility for the Health Insurance Marketplace for individuals and small businesses to shop for health care insurance.

The IowaCare program will be ending on December 31, 2013 and we know that our community has many clients enrolled in this program and that there is a large population that has no insurance.

The Marketplace is a new way to find health care coverage that fits your budget and meets your needs. With one application, you can see all your options and enroll.

Every health insurance plan in the new Marketplace will offer "essential health benefits", including doctor visits,

preventative and wellness services, hospitalization, prescriptions, mental health and substance abuse disorders, laboratory, ambulatory services, emergency services, rehabilitative and habilitative services and devices, pediatric services, maternity and newborn care.

Open enrollment will begin on October 1, 2013 and end on March 31, 2014. Coverage will begin as early as January 1, 2014. You can find out more information about enrollment and eligibility at the <a href="healthcare.gov">healthcare.gov</a> website and at 1-(800) 318-2596.

Crescent Community Health Center will be informing the community through informational meetings, radio announcements, Facebook and our website. To get more information contact **Angela Petsche at (563) 552-8080.** 

Website: www.crescentchc.org.

Facebook: Crescent Community Health Center

#### **Children of Abraham**



The Children of Abraham is a series of conversations, in its third year, by folks representing the three different Abrahamic religions: Judaism, Christianity and Islam. At each meeting, a topic is explored. First, briefly, the three religious speakers present an interpretation on that subject. Then the attendees break up into groups to talk about the subject and what they heard. Finally, the group comes back together to share observations. Everyone is welcome and there is never a charge.

The dates are always Thursdays. We start at 7pm and end at 8:30pm.

Our topics and dates this year are:

**Sept 12** – Loras College – Creation

Oct 10 – Seth Naicker, Special Speaker on Interfaith Peacebuilding in South Africa Loras College Science Center

Nov 14 - TriState Islamic Center - Scripture Study 1

Jan 23 – Temple Beth El – Scripture Study 2

**Feb 20** – University of Dubuque at Hadley Aud – Love and Sex

Mar 20 - St Elias Church - Scripture Study 3

Apr 24 - Loras College - Will of God, Will of People

Any questions, just email Alan Garfield (agarfield@dbq.edu) or John Eby (john.eby@loras.edu)

#### **Culture of Non Violence Coalition**

The next meeting of the CNVC will be Sunday October 6 at 3:00 PM in the Multicultural Family Center. For more information contact Mary Sawyer at <a href="mailto:sawyerm8@gmail.com">sawyerm8@gmail.com</a>



**DACU** PO Box 811 Dubuque IA 52004-0811

Remember...you can view all DACU Newsletters on our Website at .www.DACUonline.org

# **DACU Board and Project Contacts**

### President: **BOARD MEMBERS:**

President Elect:

Administrator:

Bob Krayer

582-5117, <u>bdkrayer@aol.com</u>

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Rev. Rick Mihm, 583-1394

## OTHER CONTACTS:

NAACP:

Crop Walk:

Church Women United

Habitat for Humanity:

Operation New View:

Opening Doors:

Prison Ministries:

St. Mark Comm. Center:

Ministerium Association: Shalom Retreat Center:

Lynn Sutton

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